



Facilities for parents and children

Here is a list of facilities where parents and children can enjoy time together.



Venues for parents and children to play together and deepen their bonds



Community childcare support centers

In Nagoya City, various community-based facilities offer support to families with children, mainly under three years of age (community childcare support centers).

What community childcare support centers offer:



- ★ Children can play with toys and picture-books in a safe setting. Staff help children make friends with other children, and also encourage parents to chat with other parents.
- ★ Staff offer parenting advice when requested.
- ★ Parenting workshops are organized from time to time.

Locations:



For the locations of community childcare support centers, please see p.28 and subsequent pages.



★Child and Childcare Support Center★

(758 (Nagoya) Kids Station)

758 Kids Station is conveniently located on the 6th floor of Nadya Park in Yaba-cho, where you can casually drop in with your child after shopping nearby. It has a "Kids Park" where children and parents can play together and a breastfeeding room, and various parenting workshops are organized. The facility is staffed by a parenting advisor, who can discuss parenting problems and give advice.

- Open dates: Every day excluding national holidays and New Year holidays
- Open hours: 10:30 – 17:30
- Address: 6F, Nadya Park Business Center Building (Loft Nagoya), 3-18-1, Sakae, Naka Ward
- ☎ 262-2372 FAX: 262-2370

★Parenting support centers★

These facilities are conveniently located near subway and other stations. Staff include qualified parenting support coordinators such as nursery teachers, who are keen to help parents with problems. Please feel free to discuss any problems with them. Temporary childcare service is also available.

- Fee: None in principle
(Temporary childcare service is offered for 1,200 yen for up to six hours. The fee may be waived or reduced if certain conditions are met.)
- Open dates and hours: At least five days a week and at least six hours a day (Open dates and hours vary depending on the center.)

★Community childcare support centers★

These centers are open in convenient locations such as nurseries and condominium rooms in your neighborhood.

- Fee: None in principle
- Open dates and hours: At least five days a week and at least five hours a day (Open dates and hours vary depending on the center.)

★Children's centers and Todagawa Children's Land★

Various programs for parents and children are implemented at the children's center in each ward and Todagawa Children's Land.

- Fee: None in principle



Children's centers

Children's centers are designed to promote the physical and psychological health of children and are open to anyone. These facilities have club rooms, playrooms, libraries, and halls, and hold various club activities and events. They are also used as venues for the activities of parents' groups.

Please sign in at the entrance.

User guide

- Open hours: 8:45 – 17:00
- Eligibility: Children aged 0 up to 18 and their parents
- Closed: Monday (or Sunday during spring, summer and winter vacations of elementary schools in Nagoya City), national holidays (and the day following a national holiday that falls on Monday) and New Year holidays from December 29 to January 3
- Fee: None in principle. Payment of expenses for club activities is separately required.
- Inquiry: Each children's center (Please see p.28 and subsequent pages.)



Todagawa Children's Land

Todagawa Children's Land consists of three zones: the Hill Zone with large wooden play equipment and ball pool; the Water Zone where children can play with water, e.g., bathing in a pond and riding a raft; and the Handmade Zone where craft-making and cooking classes are held (prior application is required). Parenting support events are held every day. For details about parenting workshops with babysitting service and events for babies, please see the website. [URL https://www.todagawa.jp/](https://www.todagawa.jp/)

User guide

- Open hours:
 - April 1 – September 30: 9:00 – 18:00
 - October 1 – March 31: 9:00 – 17:00
- Fee: None, except for some rides
- Closed: Monday (if Monday falls on a national holiday, the immediately following weekday) and New Year holidays from December 29 to January 3
- Address: 1-3616, Harutano, Minato Ward, 455-0873
TEL 304-1500 FAX 304-1501



Hill Zone



The babies' and infants' room is equipped with a breastfeeding space and toilets for infants.



Water Zone



All the wards of Nagoya City, excluding Naka Ward, have a library with a wide variety of books ranging from picture-books for babies to daily-life magazines. Book-reading events and puppet shows are held from time to time. For more details, please inquire at the library.

URL <https://www.library.city.nagoya.jp/>



Sing lullabies and nursery songs to your baby.

The vibration of your singing voice will help make your baby feel loved and secure.



Picture-books are full of nutrients for the emotions.

Just as babies need nutritious food for physical growth, they also need nutrients for their emotional development. Picture-books offer the nutrients needed to nurture their emotions.



Parents are encouraged to read picture-books to their children.

Children imagine the fantastic world of a picture-book by seeing pictures and listening to the story. Therefore, parents are recommended to read books to their children even after they become able to read by themselves.



Picture-books as the treasure in the heart

Please use the library effectively so that your children will come across many books. Some of the books will have special appeal to them and make them want to read again and again. They will treasure such books even after they grow up. If you don't know which book to read to your child, please ask a librarian for a recommendation.

こんな絵本はどうでしょう。

長い間、子どもたちに
愛読されている本です。

よい絵本のひとつの目安です。
本選びの参考にしてみてください。

(注)福音館は福音館書店

はじめてのえほん

いないいないばあ・童心社
じゃあじゃあびりびり・偕成社
もこもこもこ・文研出版
コロちゃんはどこ?・評論社
くだもの・福音館
どうぶつのおやこ・福音館
がたんごとんがたんごとん・福音館
いただきまあす・福音館
たまごのあかちゃん・福音館
ぞうくんのさんぽ・福音館
きんぎょがにげた・福音館
じどうしゃ・福音館

ものがたりが楽しめる

ようになったら

はらぺこあおむし・偕成社
かばくん・福音館
11ぴきのねこ・こぐま社
わたしのワンピース・こぐま社
おふろだいすき・福音館
からすのパンやさん・偕成社
ひとまねこざる・岩波書店
みんなうんち・福音館
ぐりとぐら・福音館
どろんこハリー・福音館
かいじゅうたちのいるところ・富山房
ちいさいおうち・岩波書店
もりのなか・福音館

むかしはなしのせかい

三びきのやぎのがらがらどん・福音館
おおきなかぶ・福音館
だいくとおにろく・福音館
かにむかし・岩波書店
ねむりひめ・福音館
かさじぞう・福音館
てぶくろ・福音館
ももたろう・福音館
三びきのこぶた・福音館
うまかたやまんば・福音館
おおかみと七ひきのこやぎ・福音館

Open hours

Tsuruma Central Library	Tokushige Library	Other municipal libraries
Tuesday – Friday (excluding national holidays): 9:30 – 20:00	Monday, Wednesday, Thursday and Friday (excluding national holidays): 9:30 – 19:00	Tuesday – Friday (excluding national holidays): 9:30 – 19:00
Saturday (excluding national holidays): 9:30 – 19:00 Sunday and national holidays: 9:30 – 17:00		

Closed

Monday (excluding Tokushige Library) Tuesday (Tokushige Library)	If the closed date falls on a national holiday, the libraries will be open, and closed on the immediately following weekday.
Third Friday	If the third Friday falls on a national holiday, the libraries will be open.
New Year holidays	December 29 – January 4
Special maintenance period	Please inquire at each library.

*Some libraries may be open on their regular closed dates depending on circumstances.

The Nagoya City Libraries' website has a “こどもページ (Children's page).”

Please check the Children's page for recommended books and up-to-date information on coming events.



Sports centers and swimming pools

After your child is fully potty-trained, why not take him or her to a municipal swimming pool? At sports centers, various sports classes and programs are available for babies, infants and parents. For details, please see the website.

<https://ttzk.graffer.jp/city-nagoya>

Heated swimming pools

The following facilities have a swimming pool for infants.

Ward	Name	Closed (weekly)		Swimming pool for schoolchildren	Ward	Name	Closed (weekly)		Swimming pool for schoolchildren
		Monday	Friday				Monday	Friday	
Chikusa	Kanarebashi Pool*	○		○	Nakagawa	Tomitakita Pool	○		○
Chikusa	Chikusa Sports Center*		○	○	Minato	Nanyo Pool		○	○
Higashi	Higashi Sports Center	○		○	Moriyama	Moriyama Sports Center		○	○
Kita	Kita Sports Center		○	○	Midori	Midori Sports Center	○		○
Nishi	Biwajima Sports Center		○		Midori	Narumi Pool		○	
Nishi	Yamadanishi Pool	○		○	Meito	Meito Sports Center	○		○
Nakamura	Nakamura Sports Center	○		○	Tempaku	Tempaku Sports Center		○	○
Naka	Naka Sports Center	○		○	Mizuho	Paloma Mizuho Sports Park	○		○
Showa	Showa Sports Center*		○	○	Minami	Nippongaishi Sports Plaza	○		
Nakagawa	Tsuyuhashi Sports Center		○						

*Walking lanes are also available.

Open hours	Weekdays and Saturday: 10:00 – 20:30 (10:00 – 18:00 on Sunday and national holidays)
Fee	Preschool children: 0, Elementary school children and junior high school students: 200 yen, High school students and above: 500 yen, Residents of Nagoya City aged 65 and above: 100 yen

If Monday or Friday falls on a national holiday, the pools are open. Some pools may open on Monday or Friday depending on circumstances. In addition to the regular closed dates, they are closed during New Year holidays and may also be temporarily closed for construction work or other reasons. For more details including the procedures, please inquire at the facility.

Swimming pools (open from July 20 to August 31)

Ward	Name	Swimming pool for schoolchildren	Ward	Name	Swimming pool for schoolchildren
Kita	Kusunoki Pool	○	Nakagawa	Nakagawa Pool	
Nishi	Yamada Pool	○	Nakagawa	Tomita Pool	○
Mizuho	Paloma Mizuho Training Pool	○	Minato	Minato Pool	○
Atsuta	Atsuta Pool		Moriyama	Moriyama Pool	

For the telephone numbers and locations of these swimming pools, please see the “Map of childcare facilities in each ward” on p.28 and subsequent pages.

Open hours	10:00 – 17:30
Fee	Preschool children: 0, Elementary school children and junior high school students: 100 yen, High school students and above: 300 yen, Residents of Nagoya City aged 65 and above: 100 yen

For more details, please inquire at the Sports Facilities Office of the Sports & Civic Affairs Bureau. ☎ 972-3263

E-Able Nagoya

At E-Able Nagoya, various workshops and events are held, focusing on lifestyles and self-supported living of both men and women, and supporting the employment and empowerment of women. The training rooms can be rented as venues for learning and networking. It also has a library with many books on gender issues, including lifestyles of women and gender equality. A babysitting service is available for all the workshops, as well as for those who use the facility for their studies. (Children from one year old up to preschool age are accepted for the babysitting service, subject to prior application.)

■ Address: 7-25, Oi-cho, Naka Ward ☎ 331-5288 FAX: 322-9458

Lifelong learning centers

Lifelong learning centers offer various learning opportunities for parents, such as parenting workshops to learn what parents can do for children and how they can better enjoy being parents, as well as hands-on learning programs for children and events for parents and children to enjoy together. Meeting rooms and gyms are available for rent for study meetings and other group activities. A babysitting service is offered for some workshops to encourage the participation of parents with little children. (Children from two years old up to preschool age are accepted.)

For the telephone numbers and locations of the lifelong learning centers, please see the “Map of childcare facilities in each ward” on p.28 and subsequent pages.

User guide
■ Open hours: Weekdays and Saturday: 9:00 – 21:00 Sunday and national holidays: 9:00 – 17:00 Open hours of the library: Weekdays and Saturday: 9:30 – 20:30 Sunday and national holidays: 9:30 – 16:30 ■ Closed: Third Thursday and New Year holidays

User guide
■ Open hours: Weekdays and Saturday: 9:00 – 21:00 Sunday and national holidays: 9:00 – 17:00 (9:00 – 21:00 at lifelong learning centers in Nakagawa and Moriyama wards) ■ Closed: Second Tuesday: Lifelong learning centers in Kita, Naka, Mizuho, Minato, Midori, Meito, and Tempaku wards Second Wednesday: Lifelong learning centers in Chikusa, Nishi, Nakamura, Showa, Atsuta, Nakagawa and Minami wards Fourth Monday: Lifelong learning centers in all the above wards excluding Nakagawa Ward New Year holidays: All the lifelong learning centers