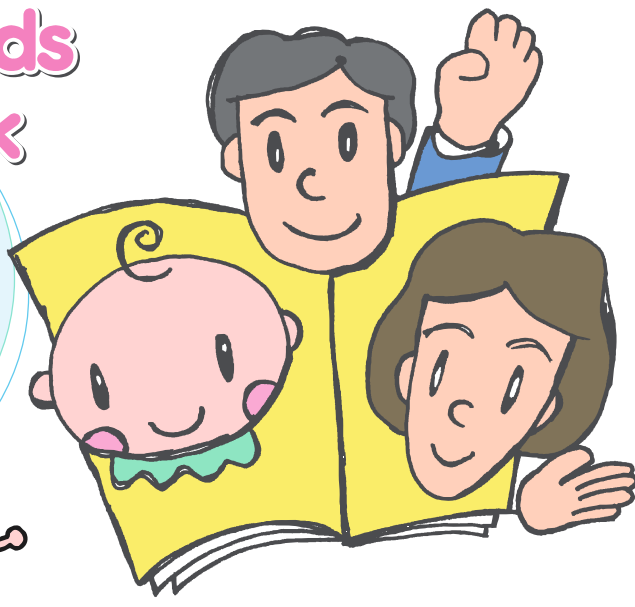


# About the Nagoya Kids parenting handbook

This handbook contains useful information on parenting support services and programs suited to each growth stage of children. Please keep this handbook at hand and refer to it whenever necessary. You are encouraged to read this handbook before childbirth to be better prepared for parenting.



The following websites also offer useful parenting information.

For details about parenting services, please visit:

Official website of the Nagoya Municipal Government

<https://www.city.nagoya.jp/>



For parenting classes and other parenting information, please visit:

Official website of the 758 (Nagoya) Kids Station

<https://www.kosodate.city.nagoya.jp/>

1



Convenient online services

## NAGOMii

A parenting support app of Nagoya

NAGOMii, a smartphone app, offers useful information that supports families with children seamlessly from pregnancy to birth and beyond. It allows you to instantly get information you need for going out with children and various other purposes. Please download the app.



NAGOMii allows you to show your Piyoka card on your smartphone when shopping or using services at Piyoka member stores or facilities. It can also be used to find the location and route to a Piyoka member store or facility, nursery, kindergarten and other destinations.

The app helps you easily check the parenting programs of the Nagoya Municipal Government and find where to get advice on parenting.

You can keep records of your prenatal checkups, growth of your child, and preventive vaccinations, etc. using the "子育て日記帳 (Parenting Diary)" function of the app.

Many other convenient functions are also available.



Smartphone app useful for every stage of parenthood from pregnancy to birth and beyond is

**AVAILABLE.**

How to download the app

★ You can download the app from App Store or Google Play for free. (Communication fee to be paid by the user.)

