



Nagoya Living Guide

名古屋生活ガイド

This guidebook provides helpful information for daily life to foreign residents living in Nagoya for the first time. Please keep this guide handy and refer to it whenever you need help.

You can also view the Nagoya Living Guide online.



Information and Consultations in Foreign Languages

Please feel free to contact us if you have a problem or a question about living in Japan.

TEL 052-581-0100

Nagoya International Center (NIC)

<https://www.nic-nagoya.or.jp>

See p.3

closed :Mon

| | Tue | Wed | Thu | Fri | Sat | Sun |
|---------------------|---------------|-----|-------------------|-----|---------------|---------------|
| E English | 9:00 - 19:00 | | | | | |
| P Portuguese | 10:00 - 12:00 | | | | | |
| S Spanish | 13:00 - 17:00 | | | | | |
| C Chinese | 13:00 - 17:00 | | | | 10:00 - 12:00 | 13:00 - 17:00 |
| K Korean | | | 13:00 - 17:00 | | | |
| F Filipino | | | 13:00 - 17:00 | | | |
| V Vietnamese | | | 13:00 - 17:00 | | | |
| N Nepali | | | 13:00 - 17:00 | | | |
| I Indonesian | | | 13:00 - 17:00 (※) | | | |
| T Thai | | | 13:00 - 17:00 (※) | | | |

※Indonesian is available every 1st and 3rd Wednesday and Sunday, and Thai is available every 2nd and 4th Wednesday and Sunday

Nagoya Japanese Language Classroom Search

Find a Japanese language class where you can enjoy studying with local people.

nagoniho

Search



Emergency Contacts

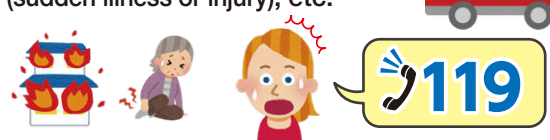
TEL 110 (free)

Crimes, traffic accidents, etc.



TEL 119 (free)

Fires, emergencies (sudden illness or injury), etc.



Information on Hospitals Offering Services in Foreign Languages

TEL 050-5810-5884

Aichi Emergency Treatment Information Center

English 中文 한국/조선어 Português Español

E C K P S

We offer automatic voice and fax services for medical information













Aichi Medical information System

Search

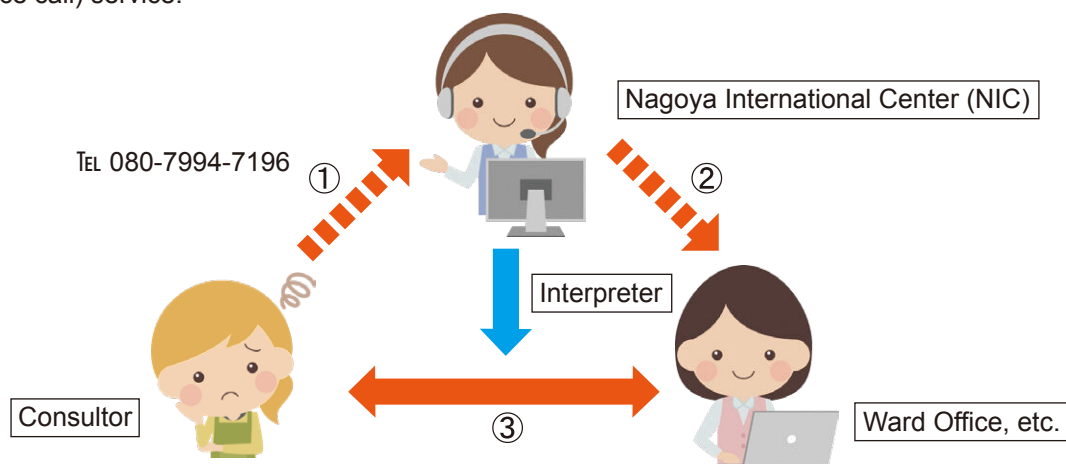
See p.6, 23

E C K P



| | | |
|---|---|---|
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☐ If contact information is not listed in your language, support is only available in Japanese.
If you need an interpreter, please use Nagoya International Center's Trio-Phone (3-way multilingual conference call) service.

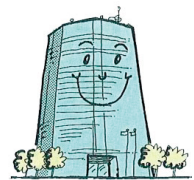


- ☐ Days on which inquiries cannot be made are marked **closed**.
- ☐ A **pamphlet** is available on the website of the Nagoya International Center.



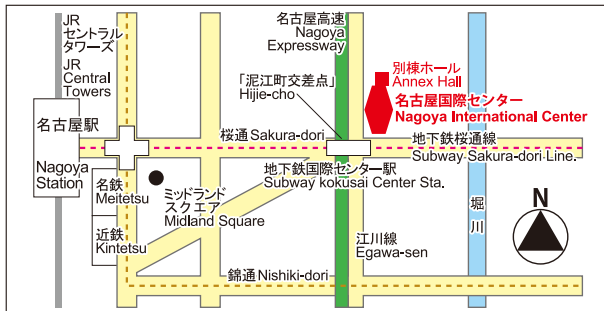
Nagoya International Center(NIC)

なごやこくさい
名古屋国際センター(NIC)



NIC offers information services for foreign residents, opportunities for exchange and interaction with Japanese residents, and Japanese language classes.

Feel free to contact NIC if you have an inquiry or problem. (See front cover)



Open: 9:00-19:00

052-581-0100

<https://www.nic-nagoya.or.jp>

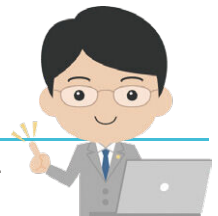
NIC NAGOYA

Search



closed : Mondays, Dec. 29-Jan. 3,
the second Sunday
in February and August

47-1, Nagono 1-chome, Nakamura-ku, 450-0001
Kokusai Center Sta., Subway Sakura-dori Line



Consultations

Consultations are free. Appointments required except for Civic Advisory Service.

Tel 052-581-0100 LINE @513gyfbyb

| | Languages | Consultation hours |
|--|------------------------|---|
| Civic Advisory Service | E P S C K F V N I T | Tue. to Sun. 10:00 - 12:00, 13:00 - 17:00 Day and time depends on language |
| Gyoseishoshi Consultations | E P S C K F V N I T | Wed. and Sun. 13:00 - 17:00 Day and time depends on language |
| Legal Consultation *Please make a reservation via the website. | E P S C | Sat. 10:00 - 12:30 |
| Personal Counselling | E P S C | Date fixed with appointment |
| Educational Counseling Services | E P S C K F V N I T | Wed., Fri. and Sun. 10:00 - 17:00 Day and time depends on language |
| Tax Consultation | E P S C | February / March |
| Consultations with Nagoya Regional Immigration Services Bureau | E P S C K F V N | Every 4th Sat. 13:00 - 17:00 |

NIC also offers consultations, such as "School Guidance Seminar for Children and Parents of Foreign Nationals." For details, see the NIC website.



Housing

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Privately-owned Housing

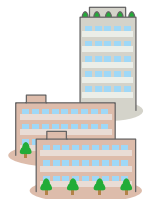


| | |
|-------------|---|
| Information | <ul style="list-style-type: none"> -The most general method of searching for housing is through a real estate agent. -Information on rental housing is also available at Nagoya International Center. -Your workplace or university may also provide information. -Private housing consultations are available at the Sumai no Madoguchi Service Center (reservations: 052-961-4555). |
| Guarantor | -You may be asked to secure a joint guarantor, emergency contact person, etc. |
| Payment | <ul style="list-style-type: none"> -Most housing contracts include payment of <i>reikin</i> (key money), and <i>shikikin</i> (a security deposit), agent charge and residence insurance fee. -There is usually a service fee (for common-area heating, lighting and cleaning) in addition to monthly rent. |

Public Housing



| Contact | Contents |
|---|--|
| Sumai no Madoguchi Service Center ◆Municipal Housing/Municipal Public Housing TEL052-228-1808 ◆Prefectural Housing/Prefectural Public Housing TEL052-950-5231 Place: Inside the Bus Terminal, Oasis21 | Hours: 10:00 – 19:00 closed : Every Thu., the second and fourth Wed. of every month, and Dec. 29 – Jan. 3. Municipal housing and prefectural housing are available. Conditions, including income and household situation, apply for all housing. Application forms for municipal housing (general applications) are distributed at ward and branch offices. (4 times per year: May, August, November, February) |



Water

Nagoya City Water

Search



| | |
|---|--|
| Nagoya City Waterworks & Sewerage Bureau, Customer Service Center TEL 052-884-5959 | Hours: (Weekdays) 8:00-19:00 (Weekends & Holidays) 8:00-17:15 |
|---|--|



Electricity / Gas You can apply to either electricity or gas companies to use electricity or gas.

Chubu Electric Power Miraiz

Chubu Electric Power Miraiz

Search



| | |
|-------------------------------------|--|
| Contract Center TEL 0120-921-691 | Hours: 9:00–19:00 (Mon. to Fri.) 9:00–17:00 (Sat., Sun., nat. holidays) |
|-------------------------------------|--|





Toho Gas

Toho Gas-Moving Residence

Search

Toho Gas Customer Service Center

TEL 0120-015455

Hours:

24 hours a day, 365 days a year

*If calling using an IP telephone or from overseas, please call 052-807-1550.

Telephone Services

NTT West

Search

E

NTT West Information

TEL 0120-064337

E C K P

Service hours: 9:00-17:00

closed : Sat., Sun., nat. holidays, Dec. 29-Jan. 3



Mail

Japan Post

Search

E



Japan Post
Customer Service

E

TEL 0570-046-111

Hours: 8:00-21:00 (every day)

If you submit a change of residence form to a post office when moving, mail addressed to your previous residence will be forwarded to your new address free of charge for one year from the day you submit a change of address form.

Chonai-kai / Jichi-kai (Neighborhood Association)

Ward Office

Membership is not mandatory, but provides opportunities for increased interaction with your neighbors.

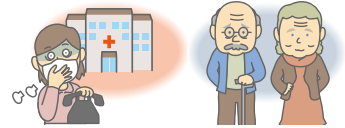
To become a member of your neighborhood association, consult your community's *Chonai-kai* or *Jichi-kai* president (*kaicho*). To find out who your neighborhood *kaicho* is, please ask at your ward office.



Hospital, Insurance, and Pensions

びょういん ほけん ねんきん

病院・保険・年金



// Information about medical institutions (for Holiday Emergency Clinics, etc, see p.23)

| Contact | Content |
|--|---|
| Aichi Emergency Treatment Information Center Automatic voice for medical information E P S C K TEL 050-5810-5884 Japanese TEL 052-263-1133 | 24-hour service Aichi Medical information System Search E P C K |

// Information about medical institutions with foreign language-speaking doctors

| Contact | Content |
|---|---|
| Nagoya International Center E P S C K F V N I T TEL 052-581-0100 | Hours: 9:00-19:00 (depending on language) closed : Mondays, Dec. 29-Jan. 3, the second Sunday in February and August |

// Information about Medical Institutions with Medical Interpretation System

| Contact | Content |
|--|---|
| Aichi Medical Interpretation System Operation Office TEL 050-3816-7465 | Hours: 9:00-17:30 (weekdays) Aichi Medical Interpretation System Search E P S C K F V N +5 other languages *The supported languages vary by service. |

// National Health Insurance


| Contact | Content |
|------------------------------------|---|
| Ward offices or branch offices | For persons under the age of 75 who are not covered by health insurance at work and expect to stay in Japan for more than 3 months: -Insurance fees are charged according to your employment income and must be paid. -Present your Insurance Certificate at a hospital to receive treatment and bear only a portion of the total cost. |

// National Pension

| Contact | Content |
|--------------------------------|--|
| Ward offices or branch offices | For self-employed individuals and students over the age of 20 and under the age of 60: -All must pay the same insurance fee regardless of income. -If you are in a position where paying a premium is difficult or are a student, you can apply for the pension premium exemption system. For details, see the pamphlet : "Japanese National Pension System" E C K P S F V N *Other Indonesian, Thai, Burmese, Cambodian, Russian, Mongolian |

| Contact | Content |
|--|---|
| Japan Pension Service or Pension Office TEL 0570-05-1165 | If you have paid at least six months worth of National Pension premiums, you are eligible to receive a lump-sum withdrawal payment after making a request within two years of leaving Japan. For details, see the pamphlet : “Japanese National Pension System” E C K P S F V N *Other Indonesian, Thai, Burmese, Cambodian, Russian, Mongolian |

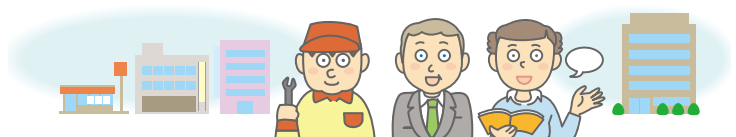
// Nursing Care Insurance

| Contact | Content |
|---|--|
| Ward offices or branch offices  | For persons aged 40 and over staying in Japan for more than 3 months: -Nursing Care Insurance fees are calculated according to income and must be paid. (Payment is received together with medical insurance from persons aged 40 to 64.) -Persons aged 65 and over are eligible to use nursing care and support services if needed. (Persons aged 40 to 64 with any of 16 types of age-related illness are eligible to use nursing care and support services if needed.) -Certification of Needed Long-Term Care is required before nursing care services can be used. -Users bear 10%, 20% or 30% of the costs incurred. |



Jobs

しごと
仕事



// Employment Consultations and Information

| Contact | Content |
|---|---|
| Employment Service Center for Foreigners E P S C V F *1 Ukrainian *2 TEL 052-855-3770 | Hours: 9:15-12:00, 13:00-17:15 (weekdays) *1 F (Except Tuesday) *2 Ukrainian :Wednesdays only <input type="text" value="Nagoya Employment Foreigner"/> <input type="button" value="Search"/> E C P S |

// Labour Issues

| Contact | Content |
|--|--|
| Aichi Labour Bureau, Labour Consultation for Foreign Wokers E P TEL 052-972-0253 | Hours: E :9:30-12:00,13:00-16:00, Tue. & Thu. P :9:30-12:00,13:00-16:00, Tue. to Fri. <input type="text" value="Aichi Labour Bureau"/> <input type="button" value="Search"/> E |
| Nagoya Nishi Labour Standards Inspection Office, Labour Consultation for Foreign Workers V TEL 052-481-9533 | Hours: V :9:30-12:00,13:00-16:00, Thu. |



Separation and Collection of Recyclables and Garbage

しげん わ かた だ かた
資源・ごみの分け方・出し方



- Separate recyclables and garbage into the appropriate category, and place in the appropriate designated bag before disposal.
- Put out recyclables and garbage by 8:00 (7:00 in Naka Ward) on the morning of the collection day.
- Collection also takes place on national holidays (except for the end-of-year / New Year period).
- Designated bags are sold at supermarkets, convenience stores, etc.
- A "Guide to Sorting Recyclables and Garbage in Nagoya"

E C K P S F V N Urdu is available at environmental affairs offices at ward offices.

*For details, see the official City of Nagoya website and separation app. ➔














さんあ〜る(3R)

for iPhone

for Android



| Place | Sorting Category | Main Items | Collection Days | Designated Garbage Bag |
|-------------------------------------|---|---|-----------------|---|
| In principle, in front of your home | Burnable Garbage | -Kitchen garbage -Leather -Grass, twigs -Disposal diapers -Rubber -Textile products -Tissues -Plastic products (that also include metal) *Items with any dimension over 30cm are Large-Sized Garbage | Twice a week | |
| | Hazardous Flammable Items | -Spray cans *Piercing not required -Disposable lighters -Solid fuel (in a can) -heated tobacco products, e-cigarettes | | |
| | Non-Burnable Garbage | -Glass and ceramic waste -Umbrellas -Small metal products *Items with any dimension over 30cm are Large-Sized Garbage | Once a month | |
| | Large-Sized Garbage (fee required) ♦ Application required (Up to seven days before collection day) | Items with any dimension over 30cm Telephone applications (Large-Sized Garbage Collection Center) TEL 0120-758-530 From mobile phones/outside Aichi TEL 052-950-2581 | | Online application from here |
| | Batteries | -Dry cell batteries -Lithium batteries -Button cell batteries -Compact rechargeable batteries (includes mobile batteries) | | *Place in a transparent bag, not a city-designated bag. |
| | Plastic Recyclables | [Plastic Containers and Packaging] -Bottles (excluding PET bottles) -Cups -Packaging -Plastic bags -Plastic wraps -Cushioning, etc. [Plastic Products (Limited to items containing plastic only)] -Toothbrushes -Buckets -Clothes hangers -Plastic food containers -Wash basins, etc. *Items with any dimension over 30cm are Large-Sized Garbage. | Once a week | |

| Sorting Category | Main Items | Collection Days | Designated Garbage Bag |
|---|--|-----------------|--|
| Plastic Bottles  | PET bottles for drinks, <i>sake</i> , <i>mirin</i> (sweet cooking <i>sake</i>), soy sauce, condiments, vinegar, etc. (These are also collected at supermarkets, ward offices, etc.) *Remove lid and label before disposal *Place in a designated bag for recyclables and leave at your local recyclables collection point.  | Once a week |  ★ |
| Empty Glass Jars and Bottles | Empty food, drink, and cosmetics bottles Put them in the blue collection box where recyclables are collected.  | |  |
| Empty Cans | Empty food and drink cans [Areas except Nakagawa Ward and Minato Ward] Place in a designated bag for recyclables and leave at your local recyclables collection point. [Nakagawa Ward and Minato Ward] Put in the yellow collection box where recyclables are collected.  | | [Areas except Nakagawa Ward and Minato Ward]  ★ [Nakagawa Ward, Minato Ward]  |
| Paper Containers and Packaging, Miscellaneous Paper | [Paper Containers and Packaging] -Paper boxes -Paper bags -Packaging paper -Paper cups -Paper lids -Alcohol or juice packs (with aluminum foil attached inside), etc. [Miscellaneous paper] -Leaflets, pamphlets -Photocopier paper -Notepaper -Price tags -Toilet paper cores, etc. *Place paper containers, paper packaging, and miscellaneous paper together in a designated bag for recyclables and leave at your local recyclables collection point.  | |  ★ |
| Paper Cartons  | Paper cartons for drinks with a white inside (i.e. milk cartons) Put them in the collection box at supermarkets or ward offices.  | | |
| Fluorescent Tubes and Mercury Thermometers | [Fluorescent Tubes] Please take to Environmental Affairs Offices in each ward or fluorescent tube recycling cooperating retailers (electrical goods retailers, home improvement retailers, etc.) for disposal. [Mercury Thermometers] Please take to Environmental Affairs Offices in each ward. | | |
| Small Household Electric Appliances / Rechargeable Electric Appliances | Small household electric appliances: appliances less than 15cm (H) x 40cm (W) x 25cm (D) Collected at large supermarkets, ward offices, Environmental Affairs Offices, etc. Rechargeable electric appliances: rechargeable appliances larger than small household electric appliances Collected at Environmental Affairs Offices in each ward. Inquiries: Resource Recycling Promotion Division, Environmental Affairs Bureau TEL 052-972-2379 | | |
| Cooking Oil | Place used cooking oil in a PET bottle of 700ml or less and take for collection at large supermarkets, etc. Inquiries: Resource Recycling Promotion Division, Environmental Affairs Bureau TEL 052-972-2379 | | |
| Newspaper / Magazines / Cardboard / Used Clothes | Use the local resource collection system, recycling centers, and used paper recycling centers in the community. Inquiries: Resource Recycling Planning Division, Environmental Affairs Bureau TEL 052-972-2398  | | |
| Inquiries: Operations Division, Environmental Affairs Bureau TEL 052-972-2394 ★ In addition to designated bags for recyclables, you can use any colorless and transparent bag that you no longer need. ♦ The City does not collect these 4 items: air conditioners, televisions, refrigerators, washing machines / clothes dryers. Please request disposal from an electrical goods retailer or take the appliance to a designated collection point yourself. | | | |



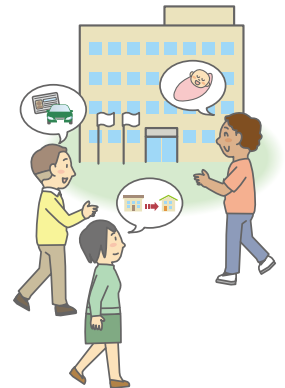
Various Procedures

かくしゅ て つづ
各種手続き



■ Move-in procedures (for moving from outside of Japan to Nagoya for the first time)

| | |
|--------------------------|---|
| <input type="checkbox"/> | Residence registration |
| <input type="checkbox"/> | Health insurance, pension and nursing care insurance registration |
| <input type="checkbox"/> | Medical subsidies for children, child allowance |
| <input type="checkbox"/> | School enrollment procedures |
| <input type="checkbox"/> | Seal (<i>inkan</i>) registration |
| <input type="checkbox"/> | Bank account opening procedures |
| <input type="checkbox"/> | Notifications to water, gas, electricity, telephone services |



■ Marriage

| | |
|--------------------------|--|
| <input type="checkbox"/> | Marriage registration |
| <input type="checkbox"/> | Residence registration |
| <input type="checkbox"/> | Registrations regarding seals (<i>inkan</i>) |
| <input type="checkbox"/> | Registrations regarding health insurance, pensions |
| <input type="checkbox"/> | Update driver's license (for name, address change) |

■ Childbirth












| | |
|--------------------------|---|
| <input type="checkbox"/> | Submission of birth notification (within 14 days) and maternity and child health handbook |
| <input type="checkbox"/> | Notification of birth (<i>Hoken Senta</i> [Health Center]) |
| <input type="checkbox"/> | Lump-sum birth allowance |
| <input type="checkbox"/> | Health insurance |
| <input type="checkbox"/> | Child Medical Fee Subsidy |
| <input type="checkbox"/> | Child allowance |
| <input type="checkbox"/> | Application to Nagoya Regional Immigration Services Bureau (within 30 days) |


■ Divorce

| | |
|--------------------------|--|
| <input type="checkbox"/> | Divorce registration |
| <input type="checkbox"/> | Residence registration |
| <input type="checkbox"/> | Seal (<i>inkan</i>) registration |
| <input type="checkbox"/> | Registrations regarding health insurance, pensions |
| <input type="checkbox"/> | Update driver's license (for name, address change) |
| <input type="checkbox"/> | Registration with Nagoya Regional Immigration Bureau (within 14 days) (For those with the status of residence of "Spouse of a Japanese National", "Spouse of a Permanent Resident", or "Dependent") |

■ Death

| | |
|--------------------------|--|
| <input type="checkbox"/> | Death registration (within 7 days) |
| <input type="checkbox"/> | Health insurance, pension and nursing care insurance registration |
| <input type="checkbox"/> | Various allowances and handbooks |
| <input type="checkbox"/> | Procedures for medical benefits |
| <input type="checkbox"/> | Notifications to water, gas, electricity, bank, telephone services |
| <input type="checkbox"/> | Return resident card (within 14 days to Immigration Bureau) |
| <input type="checkbox"/> | Registration with Nagoya Regional Immigration Bureau (within 14 days) (For those who, due to marriage to a person now deceased, have the status of residence of "Spouse of a Japanese National", "Spouse of a Permanent Resident", or "Dependent".) |

| Procedure | Contact | Content |
|---|---|---|
| Moving to and from a Different Area  | Ward offices or branch offices | You must submit a notice of moving out to the local government office of your previous place of residence before moving (the notice of moving out is unnecessary when moving within Nagoya) and submit a notice of moving to the office that handles residency at your new location within 14 days. |
| Marriage Registration | Ward offices or branch offices | Procedure may differ depending on nationality. Those with the status of residence of “Spouse of a Japanese National”, “Spouse of a Permanent Resident” or “Dependent” must submit notification of divorce to the Immigration Bureau within 14 days. |
| Divorce Registration | Ward offices or branch offices | |
| Registration of Birth | Ward offices or branch offices | See p.13 |
| Death Registration | Ward offices or branch offices | Registration of death must be submitted within seven days of acknowledgment of death. The deceased’s resident card must be returned to the Immigration Bureau within 14 days. Those who, due to marriage to a person now deceased, have the status of residence of “Spouse of a Japanese National”, “Spouse of a Permanent Resident”, or “Dependent”, must submit notification of death to the Immigration Bureau within 14 days. |
| Registration of Seal (<i>inkan</i> or <i>hanko</i>)  | Ward offices or branch offices | In Japan, seals printing your given name and/or family name are used as the equivalent of signatures in other countries. Seals that are registered with the local municipal authority are called jitsuin. Any transactions in which a jitsuin and its registration certificate (used to verify the authenticity of the jitsuin) are used are considered legally binding. |
| Municipal and Prefectural Residents Tax, Forest Environment Tax  | Sakae Municipal Tax Office (Residents of Chikusa-ku, Higashi-ku, Kita-ku, Naka-ku, Moriyama-ku and Meito-ku) TEL 052-959-3303 | -If a foreign resident has an address within Japan as of January 1st of a particular year (the base date for assessment), then he or she must pay residence tax to the municipality in which he or she resides as of January 1st for the income received from January to December of the previous year. In addition to the residence tax, you will also be required to pay the national forest environment tax. -Residence tax, a local tax levied separately from national income tax, is divided into municipal residence tax and prefectural residence tax. -The amount of residence tax is determined by income, number of dependents, and other factors. - For more details, see the pamphlet : “Guide to Japanese Personal Taxes”  “To Foreign Residents: Payment of Municipal and Prefectural Resident Tax”        |
| | Honjin Municipal Tax Office (Residents of Nishi-ku, Nakamura-ku, Nakagawa-ku, Minato-ku) TEL 052-433-4021 | |
| | Kanayama Municipal Tax Office (Residents of Showa-ku, Mizuho-ku, Atsuta-ku, Minami-ku, Midori-ku, Tempaku-ku) TEL 052-324-9804 | |

| Procedure | Contact | Content | |
|--|--|---|--|
| Application for tax reduction / exemption under income tax convention | Residents from countries with tax agreements with Japan may be eligible for a tax exemption. | | |
| | Nagoya-Naka National Taxation Office (Residents of Naka-ku) TEL 052-962-3131 | Nagoya-Higashi National Taxation Office (Residents of Higashi-ku) TEL 052-931-2511 | Chikusa National Taxation Office (Residents of Chikusa-ku, Meito-ku) TEL 052-721-4181 |
| | Nagoya-Kita National Taxation Office (Residents of Kita-ku, Moriyama-ku) TEL 052-911-2471 | Nagoya-Nishi National Taxation Office (Residents of Nishi-ku) TEL 052-521-8251 | Nagoya-Nakamura National Taxation Office (Residents of Nakamura-ku) TEL 052-451-1441 |
| | Showa National Taxation Office (Residents of Showa-ku, Mizuho-ku, Tempaku-ku) TEL 052-881-8171 | Atsuta National Taxation Office (Residents of Atsuta-ku, Minami-ku, Midori-ku) TEL 052-881-1541 | Nakagawa National Taxation Office (Residents of Nakagawa-ku, Minato-ku) TEL 052-321-1511 |
| International Driver's License and Overseas (home country) License  *As confirmation of entry and departure is required when driving, please carry your passport or other record of entry and departure. | Driver's License Division (Aichi Prefectural Police) TEL 052-951-1611 | <p>■ Drivers with either of the following licenses can drive in Japan:</p> <p>1) International driver's license under the Geneva Convention</p> <p>2) A foreign license (Switzerland, Germany, France, Belgium, Taiwan, Principality of Monaco) (*A Japanese translation by the license-issuing body, embassy or consulate in Japan, Taiwan-Japan Relations Association, or the Japan Automobile Federation (JAF) must be attached)</p> <p>■ Permitted period of driving in Japan:</p> <p>The period up to one year from the date of entry to Japan that is also before the license expiry date. (If persons recorded in the Basic Resident Register leave Japan with departure or re-entry permits and are returning to your home country within 3 months of initial entry to Japan, the period is calculated from the initial entry date.</p> | |
| Japanese Driver's License | Driver's License Testing Center TEL 052-800-1352 | <p>A holder of a foreign license may be exempted from taking a part (written/practical) of the driving test if assessed and confirmed as having no impairment to drive in Japan, and the following conditions are met:</p> <p>-A proof of stay for over three months after obtaining the license in the same country is required (passport or other documents showing the duration of stay.)</p> <p>-The overseas license must be valid.</p> | |




Children and Education




こども・教育
きょういく




When you get pregnant




| Procedure | Contact | Content |
|--|---------------------------------------|--|
| Notification of Pregnancy  | <i>Hoken Senta</i> (Health Center) | You will receive a <i>Boshi Kenko Techo</i> (Maternal and Child Health Handbook) to record the health condition of mother and child. It includes a booklet with coupons for pregnancy and nursing checkups and infant health checks. |

When a child is born

| Procedure | Contact | Content |
|--|---------------------------------------|--|
| Registration of Birth  | Ward offices or branch offices | A birth must be registered within 14 days of the date of birth. Take the <i>Boshi Kenko Techo</i> (Maternal and Child Health Handbook) with you to register at your ward or branch office. If you intend for the child to reside in Japan for more than 60 days, you must apply to Nagoya Regional Immigration Services Bureau to obtain a status of residence within 30 days of birth. If both or either parent is a foreign national, you must report the birth to your home country. Procedure varies depending on country or region. Please inquire at an embassy or consulate of your country in Japan. |
| Notification of Birth | <i>Hoken Senta</i> (Health Center) | Please submit a notification via the postcard attached to the booklet you receive with the <i>Boshi Kenko Techo</i> (Maternal and Child Health Handbook). |
| Lump-sum Birth Allowance | Ward offices or branch offices | If you have National Health Insurance, you can receive 500,000 yen for giving birth. |
| National Health Insurance (See p.6) | Ward offices or branch offices | If you are covered by National Health Insurance, you must enroll your child within 14 days from the date of birth. |
| Child Medical Fee Subsidy | Ward offices or branch offices | Subsidized for children aged 0 up to 18 years old (Subsidized up to the 31 March following the child's 18th birthday.) Amount of health insurance-covered medical care expenses to be borne by user is subsidized. |
| Child Allowance  | Ward offices or branch offices | For those raising infants and children up to the 3 rd year of junior high school: Application must be completed within 15 days of the day after the child's birth to receive the allowance. You may need to submit a report of your current circumstances every June. |
| Vaccinations  | <i>Hoken Senta</i> (Health Center) | Vaccinations are administered at hospitals. Please bring your <i>Boshi Kenko Techo</i> (Maternal and Child Health Handbook) on the day of vaccination. |
| Nursery Schools | Ward offices or branch offices | For infants and children until they start elementary school: Nursery schools are childcare facilities that take care of children whose parent(s) or guardian(s) is (are) unable to take care of them due to employment or other reasons. |

| Procedure | Contact | Content |
|--|--|---|
| Municipal Kindergartens  | The desired kindergarten, or the Teaching Personnel Division of Nagoya City Board of Education TEL 052-972-3243 | For children over the age of 3 who haven't yet started elementary school. |

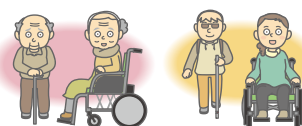
// Education for Children


| Procedure | Contact | Content |
|--|--|---|
| Municipal Elementary Schools / Municipal Junior High Schools | Ward offices or branch offices | To attend municipal elementary and junior high schools, enrolment is required at ward offices or ward branch offices. 6 years of elementary school (for 6 to 12 years old) 3 years of junior high school (for 12 to 15 years old) The school year begins in April and ends in March of the following year. |
| Consultation on Japanese Language Instruction | Japanese Language Education Consultation Center  * TEL 052-961-0418 | Consultations on acceptance into school, adaptation to school life, and assisted learning for students who require Japanese language instruction Hours: 13:00-15:30 (weekdays) * Please check the language service schedule. Korean language service offered only once a week. |
| Twilight School /Twilight Room  | After-School Project Promotion Division, Child & Youth Affairs Bureau TEL 052-972-3229 | Children can play freely with friends from different grades after class at elementary school. For 1st to 6th grade children. Mon. – Sat. (not available on national holidays or end of year / New Year period) Hours: School days: end of class to 18:00 (Twilight Room available until 19:00) Sat.: 9:00 – 18:00 (Twilight Room available 9:00 – 18:00) Weekdays during vacation period: 9:00 – 18:00 (Twilight Room available 8:00 – 19:00) Fee: free (insurance fee required) *Fee applies for Twilight Room use after 17:00. |
| Programs for the Healthy Development of Children at Home Alone (Childcare for Schoolchildren)  | Ward offices | Facilities open to children when neither parent is at home after school due to work. For 1st to 6th grade children. Mon. – Sat. (not available on national holidays or end of year / New Year period) Hours: varies according to facility Fee: varies according to facility |

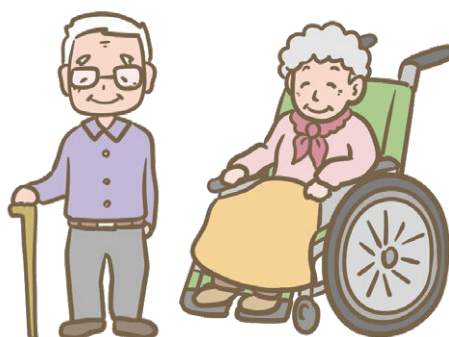


Elderly and Disabled Persons

こうれいしゃ しょうがいしゃ
高齢者・障害者



| Procedure | Contact | Content |
|--|--|---|
| Medical Care System for the Elderly (aged 75 and older)  | Ward offices or branch offices | For those 75 and above wishing to reside in Japan for more than 3 months, or those 65-74 with a specific disability: -Insurance fee is charged according to your employment income and must be paid. -Present your Insurance Certificate at a hospital to receive treatment and bear only a portion of the total cost. |
| Senior Citizens' Discount Card (Senior Citizens' Handbook) | Ward offices or branch offices | For those aged 65 and older: Present the Card (Handbook) for discounted entry to facilities including Higashiyama Zoo & Botanical Gardens and Nagoya Castle. |
| Senior Citizens' Pass | Ward offices or branch offices Senior Citizens' Pass Call Center TEL 052-766-5500 Mon.-Fri. (Except for national holidays and end-of-year/New Year period) 9:00-17:15 | For those aged 65 and older: Pass can be used for the Nagoya City Subway, City Bus, Nagoya Sightseeing Route Bus (Me-guru), Yutorito Line, Aonami Line, railway services (Meitetsu, JR Tokai, Kintetsu) within Nagoya City, and bus services (Meitetsu Bus, Mie Kotsu) in principle within Nagoya City. A fee must be paid when receiving the pass. *For travel on railway services (Meitetsu, JR Tokai, Kintetsu) within Nagoya City and bus services (Meitetsu Bus, Mie Kotsu) in principle within Nagoya City, fares are reimbursed later. |
| Certificate of Physical Disability, Certificate of Intellectual Disability, Certificate of Mental Disability | Ward offices or branch offices | For persons with a physical, intellectual and/or mental disability and meet specified conditions: This handbook acts as proof of their disability. It is needed to utilize the welfare system. |





Transportation

こうつう
交通



Traffic Rules

- In Japan, cars, motorcycles, bicycles and other vehicles travel on the left side, and pedestrians walk on the right
- Follow road rules when using roads
- At traffic lights, obey the traffic lights
- Driving after drinking is subject to severe penalties
- Driving without a license is subject to severe penalties
- Driving while using a smartphone is prohibited
- Enroll in car or bicycle insurance



■Pedestrians

- Walk on the sidewalk
- Walk on the right-hand side of the road when there is no sidewalk
- Use pedestrian crossings where possible



■Bicycles

- In principle, ride in single file on the left side of the road
- When riding on the sidewalk is allowed, yield to pedestrians and drive slowly on the side nearest the road
- Riding after drinking alcohol, riding with two people on one bicycle, using an umbrella while riding, riding side-to-side with another bicycle, and using a smartphone while riding are all prohibited
- Use a bike light at night
- Wear a helmet when riding a bicycle

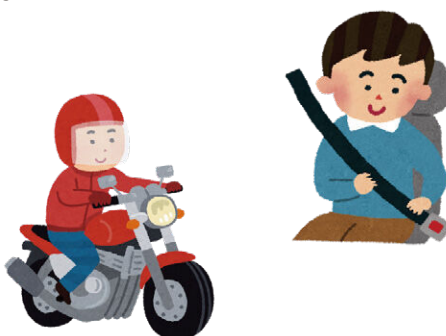


■Motorized Scooters

- Headlights, turn signal lights, brake lights, and number plates are required
- In principle, scooters must be used on roads for vehicles
- Operation by people under 16 years old is prohibited
- A helmet must be worn when riding a scooter

■Cars and Motorcycles

- Driver and all passengers must wear seat belts
- Children under 6 must use a child car seat
- A helmet must be worn when riding a motorcycle



City Bus / Subway

■City Bus Regular Tickets

| | |
|-------|------|
| Adult | ¥210 |
| Child | ¥100 |

■Subway Regular Tickets

| | Zone 1 | Zone 2 | Zone 3 | Zone 4 | Zone 5 |
|-------|--------|--------|--------|--------|--------|
| Adult | ¥210 | ¥240 | ¥270 | ¥310 | ¥340 |
| Child | ¥100 | ¥120 | ¥130 | ¥150 | ¥170 |

■1 Day Ticket

Allows the user unlimited travel on City Bus and Subway services for one day. If you present a 1 Day Ticket or *Donichi Eco Kippu* (Weekend Eco Ticket) on the day of use, some facilities provide a discount on the admission fee.

| | 1 Day Bus & Subway Combination Ticket | 1 Day Bus Ticket | <i>Donichi Eco Kippu</i> (Weekend Eco Ticket) |
|-------|---------------------------------------|------------------|---|
| Adult | ¥870 | ¥620 | ¥620 |
| Child | ¥430 | ¥310 | ¥310 |

* *Donichi Eco Kippu* (Weekend Eco Ticket) is available only on Saturdays, Sundays, holidays (including days of operation under the special train schedule for Saturdays, Sundays and holidays) and the 8th day of each month.

■24 Hour Ticket

Allows unlimited travel on subways for 24 hours from the time of purchase (ie. until the same time of the following day).


Discounts available on entry, etc., at some facilities upon presentation of a valid 24 Hour Ticket.

| | Subway 24 Hour Ticket |
|-------|-----------------------|
| Adult | ¥760 |
| Child | ¥380 |

Note: Information about City Bus and Subway fares contained in this booklet is current as of April 1, 2024. For the latest fares, see the Transportation Bureau, City of Nagoya website.

Transportation Bureau, City of Nagoya **E** **C (Traditional)** **C (Simplified)** **K** **P** **S** **F** **V** **T**

■IC Card “Manaca”

- Ride by just touching your card on the wicket or bus fare box.
- Five kinds available: ¥1,000, ¥2,000, ¥3,000, ¥5,000 and ¥10,000.
(Sale prices include ¥500 deposit. Usable amount is the ticket price less ¥500 deposit.)
- A single Manaca can be charged and used repeatedly.
- Earn mileage points as you ride. Mileage Points can be used to pay for City Bus and Subway fares.
- A discount of ¥80 for adults (¥40 for children) is applied when connecting from City Bus to City Bus, or City Bus to Subway, etc. within 90 minutes.
- Use on services within the Manaca area including the Aonami Line, Yutorito Line, Meitetsu Trains, Meitetsu Buses, Toyohashi Railway network, and Linimo; and other areas where mutual use of transport IC cards is permitted.
- Use your Manaca as electronic money to make purchases at shops and vending machines at Subway stations, City Bus terminals, and other places with the logos shown at bottom right.
- You can also use Manaca on all railways, buses, shops and vending machines that have the  mark.
- The JR Central TOICA card, JR East SUICA card, etc. can also be used for fares on City Bus, Subway, etc.

■Guide to Bus & Subway Services

The Nagoya City Bus & Subway Guide is available at stationmaster's offices. (**E** **C (Traditional)** **C (Simplified)** **K** **P**)





Earthquakes, Typhoons, and Floods

じしん ふうすいがい
地震・風水害



Be Prepared for Disasters

- Discuss with your family where to evacuate and means of contacting one another (such as the Disaster Emergency Message Dial 171 system or Disaster Message Board service).
- Prepare emergency supplies (food, drinking water, valuables, clothing, medical supplies, radio, flashlights, etc.) to take with you.
- Prevent furniture from falling in an earthquake by securing furniture to walls with metal fittings, etc.
- Familiarize yourself with the potential risk to your area by checking each type of hazard map.
- Confirm how to get to your nearest Designated Evacuation Shelter, Designated Emergency Assembly Point and emergency water supply by consulting hazard maps, etc.

***Designated Emergency Assembly Point:** A place to initially evacuate to in order to protect yourself from danger (will vary depending on the type of disaster)

***Designated Evacuation Shelter:** A place to live as an evacuee temporarily when you are unable to return to your damaged home

***Emergency Water Supply:** A place where you can receive water when the water service is unavailable due to a disaster



Designated
Emergency
Assembly Point



Designated
Evacuation
Shelter

*Hazard maps, etc. can be viewed at ward offices.

They can also be downloaded from the official City of Nagoya website.

Nagoya Hazard Map and Disaster Prevention Guidebook

Search

-Check the website for disaster information.

NIC Disaster Related Information Link

Search

E P S C K F V N I T

-Disaster information is announced on the official websites of the City of Nagoya and Nagoya International Center.

Nagoya City

Search

Nagoya International Center

Search

E P S C K F V N I T

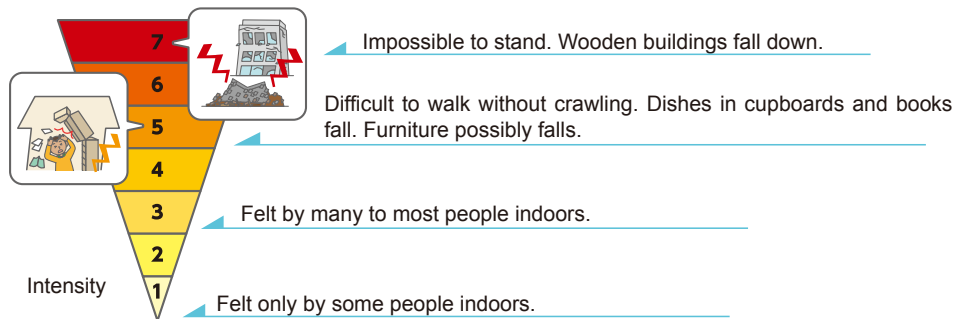
Easy Japanese



// Earthquakes

Japan is one of the world's most earthquake-prone countries. Memorize what you should do in the event of an earthquake in order not to panic.

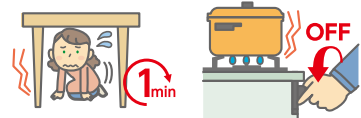
■Earthquake scale



■In the event of a major earthquake:

A violent tremor will last for around the first minute.

- Hide yourself under a steady table or desk.
- When shaking stops, turn off heaters and stove burners.
- Open the door to escape.
- Do not rush outside.
- Gather information via radio or TV.



■What is the Nankai Trough Earthquake Extra Information?

This is a bulletin issued by the Japan Meteorological Agency when there is a high probability that an earthquake will occur along the Nankai Trough. If the Extra Information is issued, remain calm and follow directions issued by the City of Nagoya, etc. and prepare accordingly. *There is no guarantee that the Extra Information will be issued prior to the occurrence of an earthquake.

// Tsunami

After an earthquake occurs, and a Tsunami Warning or Major Tsunami Warning has been issued for Ise / Mikawa Bays, the City of Nagoya will issue an Evacuation Order for designated evacuation areas (*), where residents should evacuate to a location out of reach of tsunami. If there is insufficient time, seek refuge in a Tsunami Evacuation Building (a Designated Emergency Assembly Point for tsunami emergencies). The Evacuation Order will be announced by sirens, City PR vehicles, etc.

*Evacuation areas:

Tsunami Warning: parts of Minato Ward

Major Tsunami Warning: Nakamura, Mizuho, Atsuta, Nakagawa, Minato, Minami and Midori Wards

■Tsunami Evacuation Building (Designated Emergency Assembly Point for tsunami emergencies)

These buildings serve as temporary evacuation places after an earthquake occurs and a Tsunami Warning / Major Tsunami Warning has been issued for Ise / Mikawa Bays. The sign on the right is displayed at the entrance to these buildings.

Areas: Nakamura, Mizuho, Atsuta, Nakagawa, Minato, Minami and Midori Wards



// Be Prepared for Typhoons and Floods

Typhoons (tropical cyclones) and heavy rains can occur from June to October. Torrential downpours concentrated on narrow areas may also occur. Pay careful attention to weather forecasts on TV or radio.

■ Advisories, Warnings and Emergency Warnings (Issued by JMA)

| | Content | Your Response |
|-------------------|--|---|
| Advisories | Advise that a disaster is predicted. | <ul style="list-style-type: none"> -Pay attention to weather forecast and outside. -Check emergency supplies, shelters and directions. -Check around the outside of your house to prepare for disaster. |
| Warnings | Warning that a serious disaster may occur. | <ul style="list-style-type: none"> -Pay attention to information related to disasters and escape immediately if needed. |
| Emergency Warning | Warning issued when there is a significant risk that a serious disaster may occur. | <ul style="list-style-type: none"> -Take immediate action to protect yourself. -Evacuate to the upper floor of a building or a Designated Emergency Assembly Point as necessary. -If it is dangerous to move outdoors, move to a secure location within your home. |

■ Evacuation Information (Issued by Nagoya City)

| | |
|--|--|
| Alert Level 3 - Notice to Evacuate for Elderly and Disabled People | <p>Issued to prompt elderly and other residents to evacuate from dangerous areas due to the possibility that a disaster may occur.</p> <p>Announced via City PR vehicles, the Internet, TV and radio, etc.</p> <p>Elderly people and those who require more time to evacuate should commence evacuation from dangerous areas.</p> <p>Other people should pay attention to weather information, and make preparations to evacuate.</p> |
| Alert Level 4 - Evacuation Order | <p>Issued to prompt residents to evacuate due to the high probability of the area being affected by disaster.</p> <p>In addition to announcements via City PR vehicles, the Internet, TV and radio, etc., sirens will also be sounded.</p> <p>All people should evacuate from dangerous areas quickly.</p> <p>If moving to a designated evacuation area seems dangerous, evacuate to a nearby safe location or high place indoors.</p> |
| Alert Level 5 - Emergency Safety Order | <p>Issued when a disaster situation is already underway or imminent to prompt residents to take action to protect themselves.</p> <p>People in dangerous areas should take immediate action to protect themselves by moving to a nearby building which will offer protection from inundation.</p> |



Contacting Ward Offices, etc.

くやくしょとう れんらくさき
区役所等の連絡先

City Government Offices

Open on weekdays only, 8:45-17:15 (closed: Weekends, holidays, Dec 29-Jan 3)

Nagoya City Hall (市役所)

| Name | Zip Code | Address | TEL | FAX |
|------------------|----------|---------------------------------|--------------|-----|
| Nagoya City Hall | 460-8508 | 1-1, Sannomaru 3-chome, Naka-ku | 052-961-1111 | — |

Ward Offices • Branch Offices (区役所・支所)

| Name | Zip Code | Address | TEL | FAX |
|----------------------------|----------|---------------------------------------|--------------|--------------|
| Chikusa Ward Office (千種区) | 464-8644 | 103, Hoshigaokayamate, Chikusa-ku | 052-762-3111 | 052-762-5044 |
| Higashi Ward Office (東区) | 461-8640 | 7-74, Tsutsui 1-chome, Higashi-ku | 052-935-2271 | 052-935-5866 |
| Kita Ward Office (北区) | 462-8511 | 17-1, Shimizu 4-chome, Kita-ku | 052-911-3131 | 052-914-5752 |
| Kusunoki Branch (楠支所) | 462-0012 | 974, Kusunoki 2-chome, Kita-ku | 052-901-2261 | 052-902-1840 |
| Nishi Ward Office (西区) | 451-8508 | 18-1, Hananoki 2-chome, Nishi-ku | 052-521-5311 | 052-522-5069 |
| Yamada Branch (山田支所) | 452-0815 | 358-2, Yasuji-cho, Nishi-ku | 052-501-1311 | 052-503-3986 |
| Nakamura Ward Office (中村区) | 453-8501 | 1-23-1, Matsubara-cho, Nakamura-ku | 052-483-8161 | 052-483-5137 |
| Naka Ward Office (中区) | 460-8447 | 1-8, Sakae 4-chome, Naka-ku | 052-241-3601 | 052-261-0535 |
| Showa Ward Office (昭和区) | 466-8585 | 3-19, Ayuchi-tori, Showa-ku | 052-731-1511 | 052-733-5534 |
| Mizuho Ward Office (瑞穂区) | 467-8531 | 3-32, Mizuho-dori, Mizuho-ku | 052-841-1521 | 052-851-3317 |
| Atsuta Ward Office (熱田区) | 456-8501 | 1-15, Jingu 3-chome, Atsuta-ku | 052-681-1431 | 052-682-1496 |
| Nakagawa Ward Office (中川区) | 454-8501 | 223, Takabata 1-chome, Nakagawa-ku | 052-362-1111 | 052-363-4316 |
| Tomida Branch (富田支所) | 454-0985 | 215, Haruta 3-chome, Nakagawa-ku | 052-301-8141 | 052-301-8657 |
| Minato Ward Office (港区) | 455-8520 | 12-20, Komei 1-chome, Minato-ku | 052-651-3251 | 052-651-6179 |
| Nanyo Branch (南陽支所) | 455-0873 | 1801, Harutano 3-chome, Minato-ku | 052-301-8118 | 052-301-8399 |
| Minami Ward Office (南区) | 457-8508 | 3-10, Maehama-dori, Minami-ku | 052-811-5161 | 052-811-6360 |
| Moriyama Ward Office (守山区) | 463-8510 | 3-1, Obata 1-chome, Moriyama-ku | 052-793-3434 | 052-794-2256 |
| Shidami Branch (志段味支所) | 463-0003 | 1-1401, Shimoshidami, Moriyama-ku | 052-736-2000 | 052-736-4666 |
| Midori Ward Office (緑区) | 458-8585 | 15, Aoyama 2-chome, Midori-ku | 052-621-2111 | 052-623-8191 |
| Tokushige Branch (徳重支所) | 458-0852 | 401, Mototokushige 1-chome, Midori-ku | 052-875-2202 | 052-878-3766 |
| Meito Ward Office (名東区) | 465-8508 | 50, Kamiyashiro 2-chome, Meito-ku | 052-773-1111 | 052-778-3016 |
| Tempaku Ward Office (天白区) | 468-8510 | 201, Shimada 2-chome, Tempaku-ku | 052-803-1111 | 052-801-0826 |



// List of Health Centers (*Hoken Senta*)

Open on weekdays only, 8:45-17:15 (**closed** : Weekends, holidays, Dec 29-Jan 3)

Main Services

- Issue a *Boshi Kenko Techo* (Maternal and Child Health Handbook), carry out medical examinations of infants and consult on raising children, etc.
- Carry out medical examinations for cancer and AIDS testing, consult on health issues and infectious disease countermeasures, issue vaccination certification labels for children's vaccinations
- Consult on food-related complaints, business permits of eateries, registration of dogs
- Home sanitation consultation on insect pests, drinking water, etc.

| Name | Zip Code | Address | TEL | FAX |
|--------------------------------|----------|---------------------------------------|--------------|--------------|
| Chikusa Health Center | 464-0841 | 103, Hoshigaokayamate, Chikusa-ku | 052-753-1951 | 052-751-3545 |
| Higashi Health Center | 461-0003 | 7-74, Tsutsui 1-chome, Higashi-ku | 052-934-1205 | 052-937-5145 |
| Kita Health Center | 462-8522 | 17-1, Shimizu 4-chome, Kita-ku | 052-917-6541 | 052-911-2343 |
| Kusunoki Branch Office (楠分室) | 462-0012 | 967, Kusunoki 2-chome, Kita-ku | 052-902-6501 | 052-902-6502 |
| Nishi Health Center | 451-8508 | 18-1, Hananoki 2-chome, Nishi-ku | 052-523-4601 | 052-531-2000 |
| Yamada Branch Office (山田分室) | 452-0815 | 358-2, Yasuji-cho, Nishi-ku | 052-504-2216 | 052-503-3986 |
| Nakamura Health Center | 453-8501 | 1-23-1, Matsubara-cho, Nakamura-ku | 052-433-3005 | 052-483-1131 |
| Naka Health Center | 460-8447 | 1-8, Sakae 4-chome, Naka-ku | 052-265-2250 | 052-265-2259 |
| Showa Health Center | 466-0027 | 3-19, Ayuchi-tori, Showa-ku | 052-735-3950 | 052-731-0957 |
| Mizuho Health Center | 467-0027 | 3-45-2, Tanabe-dori, Mizuho-ku | 052-837-3241 | 052-837-3291 |
| Atsuta Health Center | 456-0031 | 1-15, Jingu 3-chome, Atsuta-ku | 052-683-9670 | 052-681-5169 |
| Nakagawa Health Center | 454-0911 | 1-223, Takabata, Nakagawa-ku | 052-363-4455 | 052-361-2175 |
| Tomida Branch Office (冨田分室) | 454-0985 | 3-215, Haruta, Nakagawa-ku | 052-303-5321 | 052-303-5438 |
| Minato Health Center | 455-0015 | 2-1, Koei 2-chome, Minato-ku | 052-651-6471 | 052-651-5144 |
| Nanyo Branch Office (南陽分室) | 455-0873 | 1806, Harutano 3-chome, Minato-ku | 052-302-8161 | 052-301-4674 |
| Minami Health Center | 457-0833 | 5-1-1, Higashimatabe-cho, Minami-ku | 052-614-2811 | 052-614-2818 |
| Moriyama Health Center | 463-0011 | 3-1, Obata 1-chome, Moriyama-ku | 052-796-4610 | 052-796-0040 |
| Shidami Branch Office (志段味分室) | 463-0003 | 1-1401, Shimoshidami, Moriyama-ku | 052-736-2023 | 052-736-2024 |
| Midori Health Center | 458-0033 | 715, Aibarago 1-chome, Midori-ku | 052-891-1411 | 052-891-5110 |
| Tokushige Branch Office (徳重分室) | 458-0852 | 401, Mototokushige 1-chome, Midori-ku | 052-878-2227 | 052-878-3373 |
| Meito Health Center | 465-8506 | 50, Kamiyashiro 2-chome, Meito-ku | 052-778-3104 | 052-773-6212 |
| Tempaku Health Center | 468-8510 | 201, Shimada 2-chome, Tempaku-ku | 052-807-3900 | 052-803-1251 |

// Nagoya Regional Immigration Services Bureau

closed Sat., Sun., nat. holidays, Dec. 29 to Jan. 3

5-18, Shoho-cho, Minato-ku, Nagoya-shi, 455-8601 A 1-minute walk from Kōhoku Sta., Aonami Line

○Immigration Information Center Consultations on immigration- and status of residence-related procedures

| | |
|-------------------------|---|
| Telephone consultations | E C K P F S V N +8 other languages TEL 0570-013904 (from anywhere in Japan) TEL 03-5796-7112 (PHS, IP phones, or from outside Japan) Consultation hours: 8:30-17:15 |
| In-person consultations | E C P F S Reception hours: 8:30 - 16:00 |

○FRAT Residence Support and Consultation Service

E C K P F S V N (other languages available)*Reservation required.

Individual detailed specialist consultations on immigration procedures and consultations on non-immigration living-related issues

| | | |
|-------------------------|---|------------------------------------|
| Telephone consultations | TEL 0570-052259 (Reservations: 140#) | Reception hours: 9:00-17:45 |
| In-person consultations | Nagoya Regional Immigration Services Bureau 1st floor | Reception hours: 8:30-16:00 |

// Holiday Emergency Clinics, etc.

| Clinics | Open | Services | Hours | TEL | FAX |
|--|---|--|---|--------------|--------------|
| Nagoya Medical Association Emergency Center | Sundays, holidays, Dec 29 to Jan 3 | Eye, Ear, Nose & Throat | 9:30-12:00 13:00-16:30 17:30-20:30 | 052-937-7821 | 052-937-7997 |
| | Sundays, holidays, Dec 29 to Jan 3 | Surgery | 9:30-12:00 13:00-16:30 | | |
| | Mon through Fri (closed on holidays, Dec 29 to Jan 3) | Internal Medicine / Pediatrics (*1) | 19:30-6:00 (19:30-24:00 is for Internal Medicine only (*2)) | | |
| | Saturdays (closed on holidays, Dec 29 to Jan 3) | | 17:30-6:00 | | |
| | Sundays, holidays, Dec 29 to Jan 3 | | 9:30-12:00 13:00-16:30 17:30-6:00 | | |
| West Weeknight Emergency Center (Nakagawa Ward Holiday Emergency Clinic) | Mon through Fri (closed on holidays, Dec 29 to Jan 3) | Internal Medicine | 20:30-23:30 | 052-361-7271 | 052-351-5112 |
| South Weeknight Emergency Center (Minami Ward Holiday Emergency Clinic) | | | | 052-611-0990 | 052-611-0981 |
| East Weeknight Emergency Center (Moriyama Ward Holiday Emergency Clinic) | | | | 052-795-0099 | 052-794-0099 |
| Chikusa Ward Holiday Emergency Clinic | Sundays holidays Dec 29 to Jan 3 | Internal Medicine / Pediatrics | 9:30-12:00 13:00-16:30 | 052-733-1191 | 052-731-3850 |
| Kita Ward Holiday Emergency Clinic | | | | 052-915-5351 | 052-915-7854 |
| Nishi Ward Holiday Emergency Clinic | | | | 052-531-2929 | 052-532-7525 |
| Nakamura Ward Holiday Emergency Clinic | | | | 052-471-8311 | 052-481-9449 |
| Showa Ward Holiday Emergency Clinic | | | | 052-763-3115 | 052-763-2058 |
| Mizuho Ward Holiday Emergency Clinic | | | | 052-832-8001 | 052-832-8001 |
| Atsuta Ward Holiday Emergency Clinic | | | | 052-682-7854 | 052-682-0953 |
| Nakagawa Ward Holiday Emergency Clinic | | | | 052-361-7271 | 052-351-5112 |
| Minato Ward Holiday Emergency Clinic | | | | 052-653-7878 | 052-661-7923 |
| Minami Ward Holiday Emergency Clinic | | | | 052-611-0990 | 052-611-0981 |
| Moriyama Ward Holiday Emergency Clinic | | | | 052-795-0099 | 052-794-0099 |
| Midori Ward Holiday Emergency Clinic | | | | 052-892-1133 | 052-892-8491 |
| Meito Ward Holiday Emergency Clinic | | | | 052-774-6631 | 052-776-7013 |
| Tempaku Ward Holiday Emergency Clinic | | | | 052-801-0599 | 052-801-9791 |

Examination hours begin 30 minutes later than reception hours.

(*1) Pediatricians are also available in addition to regular physicians during the following reception times.

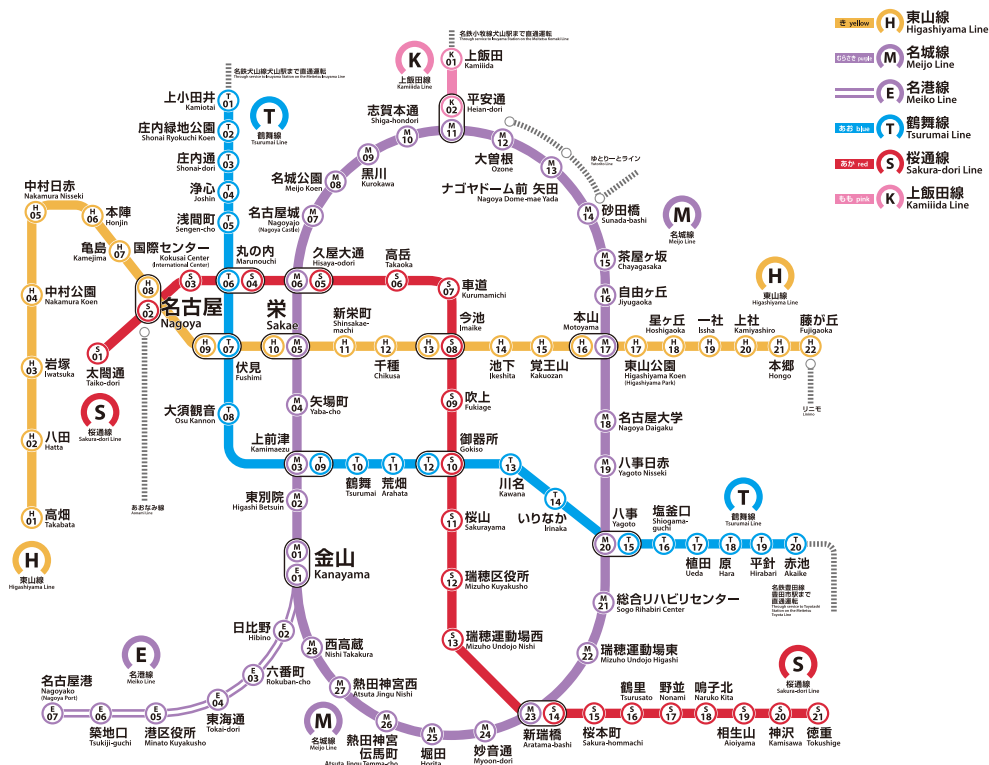
(Saturdays) 17:30-23:00

(Sundays, holidays, Dec 29 to Jan 3) 9:30-12:00, 13:00-16:30, 17:30-20:30

(*2) If you want to receive an examination for a pediatric patient within the "Internal Medicine only" time period,
be sure to call to inquire within the reception hours.

| Clinics | Open | Services | Hours | TEL | FAX |
|---|--|-------------------|-------------|--------------|--------------|
| Nagoya North Dental Health and Medical Care Center | Sundays holidays Dec 30 to Jan 3 | Dental Surgery | 9:00-11:30 | 052-915-8844 | 052-915-8844 |
| Nagoya South Dental Health and Medical Care Center | | | 13:00-15:30 | 052-611-8044 | 052-825-4340 |

Subway Map



Information-Nagoya City

For more information on Nagoya

■ City of Nagoya Official Website
(Multilingual Support)

<https://www.city.nagoya.jp/>

This pamphlet is also available for
download online.



■ Contact by TEL, FAX or E-mail

Nagoya Oshiete Dial (Japanese)

TEL 052-953-7584 FAX 052-971-4894

E-mail: 7584@oshiete-dial.jp

Hours: 8:00-21:00 (7 days a week)

Publisher: Nagoya International Center

E-mail: info@nic-nagoya.or.jp

TEL: 052-581-0100 FAX: 052-571-4673

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Other useful resource

- Immigration Services Agency of Japan – A Daily Life Support Portal for Foreign Nationals
(Multilingual Support)

daily life support

Search

- Aichi International Association “Aichi Handbook” E C P S

Aichi Handbook

Search