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Nagoya Living Guide

This guidebook provides helpful information for daily life to foreign residents living in Nagoya for the first time. Please keep this guide handy and refer to it whenever you need help.

You can also view the Nagoya Living Guide online.

Information and Consultations in Foreign Languages

Please feel free to contact us if you have a problem or a question about living in Japan.

IED 052-581-0100Nagoya International Center (NIC)https://www.nic-nagoya.or.jpSee p.3Closed : Mon

	Tue	Wed	Thu	Fri	Sat	Sun
E English	9:00 - 19:00					
Portuguese Português			10:00 -	- 12:00		
Spanish Español	13:00 - 17:00					
Chinese 中 文		13:00 ·	- 17:00			- 12:00 - 17:00
K Korean 한국/조선어			13:00		12.00	- 17:00
F Filipino Filipino			17:00		13:00	- 17:00
Vietnamese Tiếng Việt		13 <u>:</u> 00 17:00			13:00	- 17:00
N Nepali नेपाली भाषा		13 <u>:</u> 00 17:00				13:00 17:00

Nagoya Japanese Language Classroom Search

Find a Japanese language class where you can enjoy studying with local people. https://www.nic-nagoniho.jp



English

Emergency Contacts Image: Display of the process of the proces of the process of the process of the proces

Information on Hospitals Offering Services in Foreign Languages

Search

III 050-5810-5884 Aichi Emergency Treatment Information Center

English 中文 한국/조선어 Português Español

Aichi Medical Information System

We offer automatic voice and fax services for medical information

See p.6, 23 🗉 🖸 K P





□ If contact information is not listed in your language, support is only available in Japanese. If you need an interpreter, please use Nagoya International Center's Trio-Phone (3-way multilingual conference call) service.



- □ If you are calling from a land-line phone in Nagoya, you can remove Nagoya area code "052".
- □ Toll-free numbers begin with "0120".
- Days on which inquiries cannot be made are marked Closed .





NIC offers information services for foreign residents, opportunities for exchange and interaction with Japanese residents, and Japanese language classes.

Feel free to contact NIC if you have an inquiry or problem. (See front cover)



47-1, Nagono 1-chome, Nakamura-ku, 450-0001 Kokusai Center Sta., Subway Sakura-dori Line Open:9:00-19:00 https://www.nic-nagoya.or.jp

NIC NAGOYA Search



Closed : Mondays, Dec. 29-Jan. 3, the second Sunday in February and August



Consultations

Consultations are free. Appointments required except for Civic Advisory Service.			
	Languages	Consultation hours	
Civic Advisory Service Tel 052-581-0100	P S	Tue. to Sun. 10:00 - 12:00, 13:00 - 17:00 Day and time depends on language	
Gyoseishoshi Consultations Tel 052-581-0100	P S	Wed. and Sun. 13:00 - 17:00 Day and time depends on language	
Legal Consultation TEL 052-581-6111	EPSC	Sat. 10:00 - 12:30	
Personal Counselling TeL 052-581-0100	E P S C	Date fixed with appointment	
Educational Counseling Services TEL 052-581-0100	Please inquire for information on available languages.	Wed., Fri. and Sun. 10:00 - 17:00	
Tax Consultation TeL 052-581-0100	EPSC	February / March	
Consultations with Nagoya Regional Immigration Services Bureau	EPSCKFV	Every 4th Sat.	

NIC also offers health consultations, etc.





Privately-owned Housing

Information	 The most general method of searching for housing is through a real estate agent. Information on rental housing is also available at Nagoya International Center. Your workplace or university may also provide information. Private housing consultations are available at the Housing Consultation Corner at the <i>Sumai no Madoguchi Sakae</i> Service Center (reservations: 052-242-4555).
Guarantor	-You may be asked to secure a joint guarantor, emergency contact person, etc.
Payment	-Most housing contracts include payment of <i>reikin</i> (key money), and <i>shikikin</i> (a security deposit), agent charge and residence insurance fee. -There is usually a service fee (for common-area heating, lighting and cleaning) in addition to monthly rent.

Public Housing

	Contact	Contents
a little	Sumai no Madoguchi office,	Hours: 10:00 – 19:00
	Sakae Service Center	Closed : Every Thu., the second and fourth Wed.
	 Municipal Housing/Municipal 	of every month, and Dec. 29 – Jan. 3.
0000	Public Housing	Municipal housing, prefectural housing and
•	Tel 052-264-4682	UR rental housing is available.
	Prefectural Housing/	Conditions, including income level and
	Prefectural Public Housing	household situation, apply for all public housing.
	Tel 052-259-2672	Application forms for municipal housing
	UR Housing	(general applications) are distributed
	Tel 052-264-4711	at ward and branch offices.
	Place: Sakae Sta. Mori	(4 times per year: May, August,
	Underground Shopping Center, west side of Exit 14	November, February)

Water

Nagoya City Water

Search E

Nagoya City Waterworks & Sewerage Bureau, Customer Service Center	Hours: (Weekdays) 8:00-19:00 (Weekends & Holidays) 8:00-17:15	Ĩ,
Tel 052-884-5959		Õ

Electricity / Gas You can apply to either electricity or gas companies to use electricity or gas.

Chubu Electric Power Miraiz	Chubu Electric Power Miraiz Search
Contract Center Tε∟ 0120-921-691	Hours: 9:00–19:00 (Mon. to Fri.) 9:00–17:00 (Sat., Sun., nat. holidays)

Toho Gas



Toho Gas Customer Service Center Tel 0570-783987

*Follow audio guidance and press number for required service.

Call will be forwarded to service assistance as appropriate to inquiry.

*If calling using an IP telephone or from overseas, please call 052-889-2828.



// Mai	I	Japan Post Search
	Japan Post Customer Service E ℡ 0570-046-111	Hours: 8:00-21:00 (weekdays) 9:00-21:00 (Sat., Sun., nat. holidays) If you submit a change of residence form to a post office when moving, mail addressed to your previous residence will be forwarded to your new address free of charge for one year from the day you submit a change of address form.

// Chonai-kai / Jichi-kai (Neighborhood Association)

Membership is not mandatory, but provides opportunities for increased interaction with your neighbors. To become a member of your neighborhood association, consult your community's <i>Chonai-kai</i> or <i>Jichi-kai</i> president (<i>kaicho</i>). To find out who
your neighborhood kaicho is, please ask at your ward office.



// Information about medical institutions (for Holiday Emergency Clinics, etc, see p.23)

Contact	Content	
Aichi Emergency Treatment Information Center Automatic voice for medical information	24-hour service Aichi Medical Information System ECKP	Search
TEL 050-5810-5884 Japanese TEL 052-263-1133		

/ Information about medical institutions with foreign language-speaking doctors

Contact	Content
Nagoya International Center	Hours: 9:00-19:00 (depending on language)
ECKPSFVN	Closed : Mondays, Dec. 29-Jan. 3, the second Sunday
Tel 052-581-0100	in February and August

// Information about Medical Institutions with Medical Interpretation System

Contact	Content
Aichi Medical Interpretation System Operation Office Tel 050-3816-7465	Hours: 9:00-17:30 (weekdays) Aichi Medical Interpretation System

National Health Insurance

Contact	Content
Ward offices or branch offices	For persons under the age of 75 who are not covered by health insurance at work and expect to stay in Japan for more than 3 months: -Insurance fees are charged according to your employment income and must be paid. -Present your Insurance Certificate at a hospital to be able to receive treatment and bear only a portion of the total cost. -For more details, see the pamphlet : "City of Nagoya National Health Insurance Program Guide" E C K P S F V N

National Pension

Contact	Content
Ward offices or branch offices	For self-employed individuals and students over the age of 20 and under the age of 60: -All must pay the same insurance fee regardless of income. -If you are in a position where paying a premium is difficult or are a student, you can apply for the pension premium exemption system.
	For details, see the pamphlet : "Japanese National Pension System" E C K P S F V N *Other Indonesian, Thai, Burmese, Cambodian, Russian, Mongolian

Contact	Content
Japan Pension Service	If you have paid at least six months worth of National
or Pension Office	Pension premiums, you are eligible to receive a
Tel 0570-05-1165	lump-sum withdrawal payment after making a request within two years of leaving Japan.
	For details, see the pamphlet : "Japanese National
	Pension System" E C K P S F V N
	*Other Indonesian, Thai, Burmese, Cambodian, Russian,
	Mongolian

Nursing Care Insurance

Contact	Content
Ward offices or branch offices	For persons aged 40 and over staying in Japan for more than 3 months: -Nursing Care Insurance fees are calculated according to income and must be paid. (Payment is received together with medical insurance from persons aged 40 to 64.) -Persons aged 65 and over are eligible to use nursing care and support services if needed. (Persons aged 40 to 64 with any of 16 types of age-related illness are eligible to use nursing care and support services if needed.) -Certification of Needed Long-Term Care is required before nursing care services can be used. -Users bear 10%, 20% or 30% of the costs incurred. -For details, see the pamphlet : "Nursing Care Insurance System" E C K P S





Employment Consultations and Information

Contact	Content	
Employment Service Center for Foreigners E C P S F *	Hours: 9:15-12:00, 13:00-17:15 (weekdays) * <mark>F</mark> (Wed. to Fri.)	
Tel 052-855-3770	Nagoya Employment Foreigner	

// Labor Issues

Contact	Content
Aichi Labour Bureau,	Hours:
Advisor for Foreign Workers	E : 9:30-12:00, 13:00-16:00, Tue. & Thu.
EP	P : 9:30-12:00, 13:00-16:00, Tue. to Fri.
TEL 052-972-0253	Aichi Labour Bureau Search E





- Separate recyclables and garbage into the appropriate category, and place in the appropriate designated bag before disposal.
- Put out recyclables and garbage by 8:00 (7:00 in Naka Ward) on the morning of the collection day.
- Collection also takes place on national holidays (except for the end-of-year /
- New Year period). - Designated bags are sold at supermarkets, convenience stores, etc.
- Designated bags are sold at supermarkets, convenience stores,
 A "Guide to Sorting Recyclables and Garbage in Nagoya"
- **E C K P S F V N** is available at environmental affairs offices at ward offices.
- *For details, see the official City of Nagoya website and separation app. +



Place	Sorting Category	Main Items	Collection Days	Designated Garbage Bag
In principle, in front of your home	Burnable Garbage	-Kitchen garbage -Leather -Grass, twigs -Disposal diapers -Rubber -Textile products -Tissues -Plastic *Items with any dimension over 30cm are Large-Sized Garbage	Twice a	
	Hazardous Flammable Items	-Spray cans *Piercing not required -Disposable lighters -Solid fuel (in a can) -heated tobacco products, e-cigarettes		**************************************
	Non-Burnable Garbage	-Glass and ceramic waste -Umbrellas -Small metal products *Items with any dimension over 30cm are Large-Sized Garbage		
Garbage (fee required) ◆ appliances and furniture Application required (Up to sever collection day) TEL 0120-758-530		Application required (Up to seven days before the collection day) TeL 0120-758-530 From mobile phones/outside Aichi	Once a month	
Batteries -Dry cell batteries -Lithium batteries -Lithium batteries -Button cell batteries -Compact rechargeable batteries (includes mobile batteries) *Place in a transparent or translucent bag in which contents are visible, not a city-designated bag. Plastic Containers and Packaging Product containers or packaging, made of plastic, used by manufacturers or retailers. Bottles (excluding PET bottles) -Cups -Food packaging -Plastic bags -Plastic wrap -Nets -Lids, labels -Cushioning		Once a		
		week		

Sorting Category	Main Items	Collection Days	Designated Garbage Bag
Plastic Bottles	PET bottles for drinks, <i>sake, mirin</i> (sweet cooking <i>sake</i>), soy sauce, condiments, vinegar, etc. (These are also collected at supermarkets, ward offices, etc.) *Remove lid and label before disposal *Place in a designated bag for recyclables and leave at your local recyclables collection point.		
Empty Glass Jars and Bottles	Empty food, drink, and cosmetics bottles Put them in the blue collection box where recyclables are collected.		
Empty Cans	Empty food and drink cans [Areas except Nakagawa Ward and Minato Ward] Place in a designated bag for recyclables and leave at your local recyclables collection point. [Nakagawa Ward and Minato Ward] Put in the yellow collection box where recyclables are collected.	Once a week	[Areas except Nakagawa Ward and Minato Ward]
Paper Containers and Packaging	Product containers or packaging, made of paper, used by manufacturers or retailers. -Paper boxes -Paper bags -Lids -Cups -Wrapping paper *Place in a designated bag for recyclables and leave at your local recyclables collection point.		
Paper Cartons	Paper cartons for drinks with a white inside (i.e. milk cartons) Put them in the collection box at supermarkets or ward offices.		
Fluorescent Tubes and Mercury Thermometers [Fluorescent Tubes] Please take to Environmental Affairs Offices in each ward or fluorescent tube recycling cooperating retailers (electrical goods retailers, home improvement retailers, etc.) for disposal. [Mercury Thermometers] Please take to Environmental Affairs Offices in each ward. Small Household Electric Appliances / Small household electric appliances: appliances less than 15cm (H) x 40cm (W) x 25cm (D) Collected at large supermarkets, ward offices, Environmental Affairs Offices, etc. Rechargeable electric appliances: rechargeable appliances larger than small household			
Rechargeable Electric Appliances	electric appliances Collected at Environmental Affairs Offices in each ward. Inquiries: Recycling Promotion Office, Environmental Affairs Bureau Tel 052-972-2379		
Cooking Oil	Ig Oil Cooking oil: Place used tempura oil in a PET bottle of 700ml or less for disposal. Collected at large supermarkets, etc. Inquiries: Recycling Promotion Office, Environmental Affairs Bureau Tel 052-972-2379		
Newspaper / Magazines / Cardboard / Used Clothes	/ centers in the community. / Inquiries: Waste Reduction Promotion Office,		
Inquiries: Operations Division, Environmental Affairs Bureau TEL 052-972-2394 ★Currently, transparent or translucent bags can be used instead of designated bags for recyclables ◆The City does not collect these 4 items: air conditioners, televisions, refrigerators, washing machines / clothes dryers. Please request disposal from an electrical goods retailer or take the appliance to a designated collection point yourself.			





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	Nove-in procedures (for moving from outs	ide c	of Ja	apan to Nagoya for the first	time)
	Residence registration				
	Health insurance, pension and nursing care insurance registration				
	Medical subsidies for children, child allow	vanc	e		
	School enrollment procedures				
	Seal (inkan) registration				
	Bank account opening procedures				
	Notifications to water, gas, electricity, tele	epho	ne	services	
Ple E	ease refer to the Ministry of Foreign Affa C K P S Guide to living in Japan - Ministry of Forei				nore information.
M	arriage	-		hildbirth	
	Marriage registration		_ •	Submission of birth notificat	ion (within 14
	Residence registration			days) and maternity and handbook	child health
	Registrations regarding seals (<i>inkan</i>)			Notification of birth	
	Registrations regarding health insurance,			(Hoken Senta [Health Cente	r])
	pensions			Lump-sum birth allowance	
	Update driver's license (for name, address change)			Health insurance	
				Child Medical Fee Subsidy	
				Child allowance	
Di	vorce Divorce registration			Application to Nagoya Region Services Bureau (within 30 of	
	Residence registration			t h	
	Seal (<i>inkan</i>) registration			eath Death registration (within 7	dave)
	Registrations regarding health insurance, pensions	_		Health insurance, pension a care insurance registration	
	Update driver's license (for name, address change)			Various allowances and ha	ndbooks
	Registration with Immigration Bureau	_		Procedures for medical ber	
	(within 14 days) (For those with the status of residence of "Spouse of a Japanese National", "Spouse of a Permanent Resident", or "Dependent")	_		Notifications to water, gas, bank, telephone services	
				Return resident card (within Immigration Bureau)	ו 14 days to
				Registration with Immigration	on Bureau (within

(For those who, due to marriage to a person now deceased, have the status of residence of "Spouse of a Japanese National", "Spouse of a Permanent Resident", or "Dependent".)

Procedure	Contact	Content
Moving to and from a Different Area	Ward offices or branch offices	You must submit a notice of moving out to the local government office of your previous place of residence before moving (the notice of moving out is unnecessary when moving within Nagoya) and submit a notice of moving to the office that handles residency at your new location within 14 days.
Marriage Registration	Ward offices or branch offices	Procedure may differ depending on nationality. Those with the status of residence of "Spouse of a Japanese National", "Spouse of a
Divorce Registration	Ward offices or branch offices	Permanent Resident" or "Dependent" must submit notification of divorce to the Immigration Bureau within 14 days.
Registration of Birth	Ward offices or branch offices	See p.13
Death Registration	Ward offices or branch offices	Registration of death must be submitted within seven days of acknowledgment of death. The deceased's resident card must be returned to the Immigration Bureau within 14 days. Those who, due to marriage to a person now deceased, have the status of residence of "Spouse of a Japanese National", "Spouse of a Permanent Resident", or "Dependent", must submit notification of death to the Immigration Bureau within 14 days.
Registration of Seal (<i>inkan</i> or <i>hanko</i>)	Ward offices or branch offices	In Japan, seals printing your given name and/or family name are used as the equivalent of signatures in other countries. Seals that are registered with the local municipal authority are called <i>jitsuin</i> . Any transactions in which a <i>jitsuin</i> and its registration certificate (used to verify the authenticity of the <i>jitsuin</i>) are used are considered legally binding.
Municipal and Prefectural Residents Tax	Sakae Municipal Tax Office (Residents of Chikusa-ku, Higashi-ku, Kita-ku, Naka-ku, Moriyama-ku and Meito-ku) TEL 052-959-3303	-If a foreign resident has an address within Japan as of January 1st of a particular year (the base date for assessment), then he or she must pay residence tax to the municipality in which he or she resides as of January 1st for the income received from January to
	Sasashima Municipal Tax Office (Residents of Nishi-ku, Nakamura-ku, Nakagawa-ku, Minato-ku) TEL 052-588-8004	December of the previous year. -Residence tax, a local tax levied separately from national income tax, is divided into municipal residence tax and prefectural residence tax. -The amount of residence tax is determined by
	Kanayama Municipal Tax Office (Residents of Showa-ku, Mizuho-ku, Atsuta-ku, Minami-ku, Midori-ku, Tempaku-ku) TEL 052-324-9804	income, number of dependents, and other factors. - For more details, see the pamphlet : "Guide to Japanese Personal Taxes" E "To Foreign Residents: Payment of Municipal and Prefectural Resident Tax" E © K P S V N

Procedure	Contact	Co	ontent
Application for tax reduction / exemption under	Residents from countries with tax agreements with Japan may be eligible for a tax exemption.		
income tax convention	Nagoya-Naka National Taxation Office (Residents of Naka-ku) TEL 052-962-3131	Nagoya-Higashi National Taxation Office (Residents of Higashi-ku) TEL 052-931-2511	Chikusa National Taxation Office (Residents of Chikusa-ku, Meito-ku) TEL 052-721-4181
	Nagoya-Kita National Taxation Office (Residents of Kita-ku, Moriyama-ku) TeL 052-911-2471	Nagoya-Nishi National Taxation Office (Residents of Nishi-ku) TeL 052-521-8251	Nagoya-Nakamura National Taxation Office (Residents of Nakamura-ku) TEL 052-451-1441
	Showa National Taxation Office (Residents of Showa-ku, Mizuho-ku, Tempaku-ku) TeL 052-881-8171	Atsuta National Taxation Office (Residents of Atsuta-ku, Minami-ku, Midori-ku) TeL 052-881-1541	Nakagawa National Taxation Office (Residents of Nakagawa-ku, Minato-ku) TEL 052-321-1511
International Driver's License and Overseas (home country) License		 Drivers with either or can drive in Japan: 1) International driver's Geneva Convention 	f the following licenses s license under the
License	Driver's License Division (Aichi Prefectural Police) TEL 052-951-1611	Japan, Taiwan-Japan	an, Principality of
*As confirmation of entry and departure is required when driving, please carry your passport or other record of entry and departure.		to Japan that is also be date. (If persons record Register leave Japan v permits and are return within 3 months of initi	rear from the date of entry efore the license expiry ded in the Basic Resident with departure or re-entry ing to your home country
Japanese Driver's License	Driver's License Testing Center TEL 052-800-1352	from taking a part (wri driving test if assessed having no impairment the following condition -A proof of stay for ove obtaining the license in	d and confirmed as to drive in Japan, and is are met: er three months after in the same country is other documents showing





When you get pregnant

Procedure	Contact	Content
Notification of Pregnancy	<i>Hoken Senta</i> (Health Center)	You will receive a <i>Boshi Kenko Techo</i> (Maternal and Child Health Handbook) to record the health condition of mother and child. It includes a booklet with coupons for pregnancy and nursing checkups and infant health checks.

When a child is born

Procedure	Contact	Content
Registration of Birth	Ward offices or branch offices	A birth must be registered within 14 days of the date of birth. Take the <i>Boshi Kenko Techo</i> (Maternal and Child Health Handbook) with you to register at your ward or branch office. If you intend for the child to reside in Japan for more than 60 days, you must apply to Nagoya Regional Immigration Services Bureau to obtain a status of residence within 30 days of birth. If both or either parent is a foreign national, you must report the birth to your home country. Procedure varies depending on country or region. Please inquire at an embassy or consulate of your country in Japan.
Notification of Birth	<i>Hoken Senta</i> (Health Center)	Please submit a notification via the postcard attached to the booklet you receive with the <i>Boshi</i> <i>Kenko Techo</i> (Maternal and Child Health Handbook).
Lump-sum Birth Allowance	Ward offices or branch offices	If you have National Health Insurance, you can receive 420,000 yen for giving birth.
National Health Insurance (See p.6)	Ward offices or branch offices	If you are covered by National Health Insurance, you must enroll your child within 14 days from the date of birth.
Child Medical Fee Subsidy	Ward offices or branch offices	Subsidized for children aged 0 up to 18 years old (Subsidized up to the 31 March following the child's 18th birthday.) Amount of health insurance-covered medical care expenses to be borne by user is subsidized.
Child Allowance	Ward offices or branch offices	For those raising infants and children up to the 3 rd year of junior high school: Application must be completed within 15 days of the day after the child's birth to receive the allowance. You may need to submit a report of your current circumstances every June.
Vaccinations	<i>Hoken Senta</i> (Health Center)	Vaccinations are administered at hospitals. Please bring your <i>Boshi Kenko Techo</i> (Maternal and Child Health Handbook) on the day of vaccination.
Nursery Schools	Ward offices or branch offices	For infants and children until they start elementary school: Nursery schools are childcare facilities that take care of children whose parent(s) or guardian(s) is (are) unable to take care of them due to employment or other reasons.

If you need an interpreter, please use NIC's Trio-Phone (3-way multilingual conference call) service (TeL 052-581-6112). 13

Procedure	Contact	Content
Municipal Kindergartens	The desired kindergarten, or the Teaching Personnel Division of Nagoya City Board of Education TEL 052-972-3243	For children over the age of 3 who haven't yet started elementary school.

Education for Children

Procedure	Contact	Content
Municipal Elementary Schools / Municipal Junior High Schools	Ward offices or branch offices	To attend municipal elementary and junior high schools, enrolment is required at ward offices or ward branch offices. 6 years of elementary school (for 6 to 12 years old) 3 years of junior high school (for 12 to 15 years old) The school year begins in April and ends in March of the following year.
Consultation on Japanese Language Instruction	Japanese Language Education Consultation Center C P S F K * TEL 052-961–0418	Consultations on acceptance into school, adaptation to school life, and assisted learning for students who require Japanese language instruction Hours: 13:00-15:30 (weekdays) * Please check the language service schedule. Korean language service offered only once a week.
Twilight School /Twilight Room	After- School Project Promotion Office, Child & Youth Affairs Bureau TEL 052-972-3229	Children can play freely with friends from different grades after class at elementary school. For 1st to 6th grade children. Mon. – Sat. (not available on national holidays or end of year / New Year period) Hours: School days: end of class to 18:00 (Twilight Room available until 19:00) Sat.: 9:00 – 18:00 (Twilight Room available 9:00 – 18:00) Weekdays during vacation period: 9:00 – 18:00 (Twilight Room available 8:00 – 19:00) Fee: free (insurance fee required) *Fee applies for Twilight Room use after 17:00.
Programs for the Healthy Development of Children at Home Alone (Childcare for Schoolchildren)	Ward offices	Facilities open to children when neither parent is at home after school due to work. For 1st to 6th grade children. Mon. – Sat. (not available on national holidays or end of year / New Year period) Hours: varies according to facility Fee: varies according to facility





Procedure	Contact	Content
Medical Care System for the Elderly (aged 75 and older)	Ward offices or branch offices	For those 75 and above wishing to reside in Japan for more than 3 months, or those 65–74 with a specific disability: -Insurance fee is charged according to your employment income and must be paid. -Present your insurance card when receiving medical care at a hospital and you will only need to pay a portion of the cost.
Senior Citizens' Handbook	Ward offices or branch offices	For those aged 65 and older: Present the Senior Citizen's Handbook for discounted entry to facilities including Higashiyama Zoo & Botanical Gardens and Nagoya Castle.
Senior Citizens' Pass	Ward offices or branch offices Senior Citizens' Pass Call Center TEL 052-766-5500 MonFri. Closed Nat. holidays, end of year / New Year period 9:00-17:15	For those aged 65 and older: Pass can be used for up to 730 free trips per year on Nagoya City Subway, City Bus, Nagoya Sightseeing Route Bus (Me-guru), Yutorito Line (guideway bus), Aonami Line services and the Kamiiida Line between Kamiiida and Ajima Stations, railway services (Meitetsu, JR Tokai, Kintetsu) within Nagoya City, and bus services (Meitetsu Bus, Mie Kotsu) in principle within Nagoya City. A fee must be paid when receiving the pass. *For travel on the Kamiiida Line, Meitetsu, JR Tokai, Kintetsu railway services within Nagoya City and Meitetsu Bus services in principle within Nagoya City, fares are reimbursed later.
Certificate of Physical Disability, Certificate of Intellectual Disability, Certificate of Mental Disability	Ward offices or branch offices	For persons with a physical, intellectual and/or mental disability and meet specified conditions: This handbook acts as proof of their disability. It is needed to utilize the welfare system.







// Traffic Rules

- -In Japan, cars, motorcycles and bicycles travel on the left side, and pedestrians walk on the right
- -Follow road rules when using roads
- -At traffic lights, obey the traffic lights
- -Driving after drinking is subject to severe penalties
- -Driving without a license is subject to severe penalties
- -Driving while using a mobile phone is prohibited
- -Enroll in car or bicycle insurance

Pedestrians

- -Walk on the sidewalk
- -Walk on the right-hand side of the road when there is no sidewalk
- -Use pedestrian crossings where possible

Bicycles

- -In principle, ride in single file on the left side of the road
- -When riding on the sidewalk, yield to pedestrians and travel slowly on side nearest the road
- -Riding after drinking, riding with two people on one bicycle, using an umbrella while riding, riding side-by-side with another bicycle, and using a mobile phone while riding are all prohibited
- -Use a bike light at night
- -Wear a helmet when riding a bicycle

Motorized Scooters (Kickboards)

- -Rider must have a driver's license.
- and the scooter must be fitted with
- a registration number plate, like cars
- -Scooters must be used on roads for vehicles, not paths for pedestrians

Child

■ Cars and Motorcycles

- -Driver and all passengers must wear seat belts
- -Children under 6 must use a child car seat
- -A helmet must be worn when riding a motorcycle



¥130

¥150



Zone 5 ¥340

¥170

🖊 City Bus / Subway

■City Bus Regular Tickets

Adult	¥210
Child	¥100

Subway Regular Tickets						
	Zone 1	Zone 2	Zone 3	Zone 4		
Adult	¥210	¥240	¥270	¥310		

¥120





¥100

audan Tialiata

■1 Day Ticket

Allows the user unlimited travel on City Bus and Subway services for one day. If you present a 1 Day Ticket or *Donichi Eco Kippu* (Weekend Eco Ticket) on the day of use, some facilities provide a discount on the admission fee.

1 Day Bus & Subway		1 Day Bus	Donichi Eco Kippu *
	Combination Ticket	Ticket	(Weekend Eco Ticket)
Adult	¥870	¥620	¥620
Child	¥430	¥310	¥310

* *Donichi Eco Kippu* (Weekend Eco Ticket) is available only on Saturdays, Sundays, national holidays (including days of operation under the special train schedule for Saturdays, Sundays and national holidays) and the 8th day of each month.

■24 Hour Ticket

Allows unlimited travel on subways for 24 hours from the time of purchase (ie. until the same time of the following day).

Discounts available on entry, etc., at some facilities upon presentation of a valid 24 Hour Ticket.

	Subway 24 Hour Ticket
Adult	¥760
Child	¥380

Note: Information about City Bus and Subway fares contained in this booklet is current as of April 1, 2022. For the latest fares, see the Transportation Bureau, City of Nagoya website.

Transportation Bureau, City of Nagoya) Search E C (Traditional) C (Simplified) K P S F Thai V

IC Card "Manaca"

-Ride by just touching your card on the wicket or bus fare box.

-Five kinds available: ¥1,000, ¥2,000, ¥3,000, ¥5,000 and ¥10,000.

(Sale prices include ¥500 deposit. Usable amount is the ticket price less ¥500 deposit.)

- -A single Manaca can be charged and used repeatedly.
- -Earn mileage points as you ride. Mileage Points can be used to pay for City Bus and Subway fares.

-A discount of ¥80 for adults (¥40 for children) is applied when connecting from City Bus to City Bus, or City Bus to Subway, etc. within 90 minutes.

- -Use on services within the Manaca area including the Aonami Line, Yutorito Line, Meitetsu Trains, Meitetsu Buses, Toyohashi Railway network, and Linimo; and other areas where mutual use of transport IC cards is permitted.
- -Use your Manaca as electronic money to make purchases at shops and vending machines at Subway stations, City Bus terminals, and other places with the logos shown at bottom right.
- -You can also use Manaca on all railways, buses, shops and vending machines that have the railways.
- -The JR Central TOICA card, JR East SUICA card, etc. can also be used for fares on City Bus, Subway, etc.

■Guide to Bus & Subway Services

The Nagoya City Bus & Subway Guide is available at stationmaster's offices. (E C (Traditional) C (Simplified) K P)



Earthquakes, Typhoons, and Floods



// Be Prepared for Disasters

- -Discuss with your family where to evacuate and means of contacting one another (such as the Disaster Emergency Message Dial 171 system or Disaster Message Board service).
- -Prepare emergency supplies (food, drinking water, valuables, clothing, medical supplies, radio, flashlights, etc.) to take with you.
- -Prevent furniture from falling in an earthquake by securing furniture to walls with metal fittings, etc. -Familiarize yourself with the potential risk to your area by checking each type of hazard map.
- -Confirm how to get to your nearest Designated Evacuation Shelter, Designated Emergency Assembly Point and emergency water supply by consulting hazard maps, etc.
- *Designated Emergency Assembly Point: A place to initially evacuate to in order to protect yourself from danger (will vary depending on the type of disaster)
- *Designated Evacuation Shelter: A place to live as an evacuee temporarily when you are unable to return to your damaged home
- *Emergency Water Supply: A place where you can receive water when the water service is unavailable due to a disaster

*Hazard maps, etc. can be viewed at ward offices.

They can also be downloaded from the official City of Nagoya website.

City of Nagoya Disaster Preparedness Map

-Get a Disaster Preparedness Manual

Disaster and Fire Prevention Guide	Search	CK	P S	F	
Disaster Prevention Manual NIC	Search	CK	P S	F	Easy Japanese

Search

-Disaster information is announced on the official websites of the City of Nagoya and Nagoya International Center.





Designated Emergency Assembly Point



// Earthquakes

Japan is one of the world's most earthquake-prone countries. Memorize what you should do in the event of an earthquake in order not to panic.

Earthquake scale



In the event of a major earthquake:

A violent tremor will last for around the first minute.

- -Hide yourself under a steady table or desk.
- -When shaking stops, turn off heaters and stove burners.
- -Open the door to escape.
- -Do not rush outside.
- -Gather information via radio or TV.



What is the Nankai Trough Earthquake Extra Information?

This is a bulletin issued by the Japan Meteorological Agency when there is a high probability that an earthquake will occur along the Nankai Trough. If the Extra Information is issued, remain calm and follow directions issued by the City of Nagoya, etc. and prepare accordingly. *There is no guarantee that the Extra Information will be issued prior to the occurrence of an earthquake.

// Tsunami

After an earthquake occurs, and a Tsunami Warning or Major Tsunami Warning has been issued for Ise / Mikawa Bays, the City of Nagoya will issue an Evacuation Order for designated evacuation areas (*), where residents should evacuate to a location out of reach of tsunami. If there is insufficient time, seek refuge in a Tsunami Evacuation Building (a Designated Emergency Assembly Point for tsunami emergencies). The Evacuation Order will be announced by sirens, City PR vehicles, etc.

*Evacuation areas:

Tsunami Warning: parts of Minato Ward Major Tsunami Warning: Nakamura, Mizuho, Atsuta, Nakagawa, Minato, Minami and Midori Wards

Tsunami Evacuation Building (Designated Emergency Assembly Point for tsunami emergencies)

These buildings serve as temporary evacuation places after an earthquake occurs and a Tsunami Warning / Major Tsunami Warning has been issued for Ise / Mikawa Bays. The sign on the right is displayed at the entrance to these buildings.

Areas: Nakamura, Mizuho, Atsuta, Nakagawa, Minato, Minami and Midori Wards



Be Prepared for Typhoons and Floods

Typhoons (tropical cyclones) and heavy rains can occur from June to October. Torrential downpours concentrated on narrow areas may also occur. Pay careful attention to weather forecasts on TV or radio.

	Content	Your Response
Advisories	Advise that a disaster is predicted.	 Pay attention to weather forecast and outside. Check emergency supplies, shelters and directions. Check around the outside of your house to prepare for disaster.
Warnings	Warning that a serious disaster may occur.	-Pay attention to information related to disasters and escape immediately if needed.
Emergency Warning	Warning issued when there is a significant risk that a serious disaster may occur.	 Take immediate action to protect yourself. Evacuate to the upper floor of a building or a Designated Emergency Assembly Point as necessary. If it is dangerous to move outdoors, move to a secure location within your home.

Advisories, Warnings and Emergency Warnings (Issued by JMA)

Evacuation Information (Issued by Nagoya City)

Alert Level 3 - Notice to Evacuate for Elderly and Disabled People	Issued to prompt elderly and other residents to evacuate from dangerous areas due to the possibility that a disaster may occur. Announced via City PR vehicles, the Internet, TV and radio, etc. Elderly people and those who require more time to evacuate should commence evacuation from dangerous areas. Other people should pay attention to weather information, and make preparations to evacuate.
Alert Level 4 - Evacuation Order	Issued to prompt residents to evacuate due to the high probability of the area being affected by disaster. In addition to announcements via City PR vehicles, the Internet, TV and radio, etc., sirens will also be sounded. All people should evacuate from dangerous areas quickly. If moving to a designated evacuation area seems dangerous, evacuate to a nearby safe location or high place indoors.
Alert Level 5 - Emergency Safety Order	Issued when a disaster situation is already underway or imminent to prompt residents to take action to protect themselves. People in dangerous areas should take immediate action to protect themselves by moving to a nearby building which will offer protection from inundation.



City Government Offices

Open on weekdays only, 8:45-17:15 (Closed): Weekends, holidays, Dec 29-Jan 3)

Nagoya City Hall(市役所)

Name	Zip Code	Address	TEL	FAX
Nagoya City Hall	460-8508	1-1, Sannomaru 3-chome, Naka-ku	052-961-1111	—

Ward Offices · Branch Offices (区役所·支所)

Name	Zip Code	Address	TEL	FAX
Chikusa Ward Office (千種区)(*)	464-8644	8-37, Kakuozan-dori, Chikusa-ku 103, Hoshigaokayamate, Chikusa-ku	052-762–3111	052-762–5044
Higashi Ward Office (東区)	461-8640	7-74, Tsutsui 1-chome, Higashi-ku	052-935–2271	052-935–5866
Kita Ward Office (北区)	462-8511	17-1, Shimizu 4-chome, Kita-ku	052-911–3131	052-914–5752
Kusunoki Branch (楠支所)	462-0012	974, Kusunoki 2-chome, Kita-ku	052-901–2261	052-902–1840
Nishi Ward Office (西区)	451-8508	18-1, Hananoki 2-chome, Nishi-ku	052-521–5311	052-522-5069
Yamada Branch(山田支所)	452-0815	358-2, Yasuji-cho, Nishi-ku	052-501–1311	052-503–3986
	453-8501	36-31, Takehashi-cho, Nakamura-ku	052-451–1241	052-451–7639
Nakamura Ward Office(中村区) (*)	400-0001	1-23-1, Matsubara-cho, Nakamura-ku	To be confirmed	To be confirmed
Naka Ward Office (中区)	460-8447	1-8, Sakae 4-chome, Naka-ku	052-241–3601	052-261-0535
Showa Ward Office (昭和区)	466-8585	3-19, Ayuchi-tori, Showa-ku	052-731–1511	052-733–5534
Mizuho Ward Office (瑞穂区)	467-8531	3-32, Mizuho-dori, Mizuho-ku	052-841–1521	052-851–3317
Atsuta Ward Office (熱田区)	456-8501	1-15, Jingu 3-chome, Atsuta-ku	052-681–1431	052-682-1496
Nakagawa Ward Office (中川区)	454-8501	223, Takabata 1-chome, Nakagawa-ku	052-362–1111	052-362-6562
Tomida Branch (富田支所)	454-0985	215, Haruta 3-chome, Nakagawa-ku	052-301-8141	052-301-8657
Minato Ward Office (港区)	455-8520	12-20, Komei 1-chome, Minato-ku	052-651–3251	052-651-6179
Nanyo Branch (南陽支所)	455-0873	1801, Harutano 3-chome, Minato-ku	052-301-8118	052-301-8399
Minami Ward Office (南区)	457-8508	3-10, Maehama-dori, Minami-ku	052-811–5161	052-811-6360
Moriyama Ward Office (守山区)	463-8510	3-1, Obata 1-chome, Moriyama-ku	052-793–3434	052-794–2256
Shidami Branch (志段味支所)	463-0003	1390-1, Shimoshidami Yokozutsumi, Moriyama-ku	052-736–2000	052-736–4666
Midori Ward Office (緑区)	458-8585	15, Aoyama 2-chome, Midori-ku	052-621–2111	052-623-8191
Tokushige Branch (徳重支所)	458-0852	401, Mototokushige 1-chome, Midori-ku	052-875–2202	052-878–3766
Meito Ward Office (名東区)	465-8508	50, Kamiyashiro 2-chome, Meito-ku	052-773–1111	052-773–7864
Tempaku Ward Office (天白区)	468-8510	201, Shimada 2-chome, Tempaku-ku	052-803–1111	052-801-0826

*Chikusa Ward Office, Nakamura Ward Office are scheduled to relocate in January 4, 2023. Phone number, etc. will be announced via the City of Nagoya website once confirmed.





List of Health Centers (Hoken Senta)

Open on weekdays only, 8:45-17:15 (Closed : Weekends, holidays, Dec 29-Jan 3) Main Services

-Issue a *Boshi Kenko Techo* (Maternal and Child Health Handbook), carry out medical examinations of infants and consult on raising children, etc.

-Carry out medical examinations for cancer and AIDS testing, consult on health issues and

infectious disease countermeasures, issue vaccination certification labels for children's vaccinations

-Consult on food-related complaints, business permits of eateries, registration of dogs

-Home sanitation consultation on insect pests, drinking water, etc.

Name	Zip Code	Address	TEL	FAX
Chikusa Health Center (*)	usa Health Center (*) 464-0841 8-37, Kakuozan-tori, Chikusa-ku 103, Hoshigaokayamate, Chikus		052-753–1951	052-751-3545
Higashi Health Center	461-0003	7-74, Tsutsui 1-chome, Higashi-ku	052-934–1205	052-937-5145
Kita Health Center	462-8522	17-1, Shimizu 4-chome, Kita-ku	052-917–6541	052-911-2343
Kusunoki Branch Office (楠分室)	462-0012	967, Kusunoki 2-chome, Kita-ku	052-902-6501	052-902-6502
Nishi Health Center	451-8508	18-1, Hananoki 2-chome, Nishi-ku	052-523-4601	052-531-2000
Yamada Branch Office (山田分室)	452-0815	358-2, Yasuji-cho, Nishi-ku	052-504–2216	052-503–3986
Nakamura Health Center (*)	453-0024	4-7-18, Meiraku-cho, Nakamura-ku	052-481–2216	052-481-2210
Nakamula Health Center ()	453-8501	1-23-1, Matsubara-cho, Nakamura-ku	To be confirmed	To be confirmed
Naka Health Center	460-8447	1-8, Sakae 4-chome, Naka-ku	052-265-2250	052-265–2259
Showa Health Center	466-0027	3-19, Ayuchi-tori, Showa-ku	052-735–3950	052-731-0957
Mizuho Health Center	467-0027	3-45-2, Tanabe-dori, Mizuho-ku	052-837–3241	052-837–3291
Atsuta Health Center	456-0031	1-15, Jingu 3-chome, Atsuta-ku	052-683–9670	052-681–5169
Nakagawa Health Center	454-0911	1-223, Takabata, Nakagawa-ku	052-363-4455	052-361–2175
Tomida Branch Office (富田分室)	454-0985	3-215, Haruta, Nakagawa-ku	052-303–5321	052-303–5438
Minato Health Center	455-0015	2-1, Koei 2-chome, Minato-ku	052-651–6471	052-651–5144
Nanyo Branch Office (南陽分室)	455-0873	1806, Harutano 3-chome, Minato-ku	052-302-8161	052-301–4674
Minami Health Center	457-0833	5-1-1, Higashimatabe-cho, Minami-ku	052-614–2811	052-614–2818
Moriyama Health Center	463-0011	3-1, Obata 1-chome, Moriyama-ku	052-796–4610	052-796-0040
Shidami Branch Office (志段味分室)	463-0003	1390-1, Shimoshidami Yokozutsumi, Moriyama-ku	052-736–2023	052-736–2024
Midori Health Center	458-0033	715, Aibarago 1-chome, Midori-ku	052-891–1411	052-891–5110
Tokushige Branch Office (徳重分室)	458-0852	401, Mototokushige 1-chome, Midori-ku	052-878–2227	052-878–3373
Meito Health Center	465-8506	50, Kamiyashiro 2-chome, Meito-ku	052-778–3104	052-773–6212
Tempaku Health Center	468-8510	201, Shimada 2-chome, Tempaku-ku	052-807–3900	052-803–1251

*Chikusa Health Center, Nakamura Health Center are scheduled to relocate in January 4, 2023. Phone number, etc. will be announced via the City of Nagoya website once confirmed.

Nagoya Regional Immigration Services Bureau Closed Sat., Sun., nat. holidays, Dec. 29 to Jan. 3

5-18, Shoho-cho, Minato-ku, Nagoya-shi, 455-8601 A 1-minute walk from Kōhoku Sta., Aonami Line

Olmmigration Information Center Consultations on immigration- and status of residence-related procedures

Telephone consultations	E C K P F S V N +8 other languages TeL 0570-013904 (from anywhere in Japan) TeL 03-5796-7112 (PHS, IP phones, or from outside Japan) Consultation hours: 8:30-17:15
In-person consultations	E C P F S Reception hours: 8:30 - 16:00

OFRAT Residence Support and Consultation Service

E C K P F S V N (other languages available)*Reservation required.

Individual detailed specialist consultations on immigration procedures and consultations on non-immigration living-related issues

Telephone consultations	TeL 0570-052259 (Reservations: 140#)	Reception hours: 9:00-17:45
In-person consultations	Nagoya Regional Immigration Services Bureau 1st floor	Reception hours: 8:30-16:00

Holiday Emergency Clinics, etc.

Clinics	Open	Services	Hours	TEL	FAX
Nagoya Medical Association Emergency Center	Sundays, holidays, Dec 29 to Jan 3	Eye, Ear, Nose & Throat	9:30-12:00 13:00-16:30 17:30-20:30		
	Sundays, holidays, Dec 29 to Jan 3	Surgery	9:30-12:00 13:00-16:30		
	Mon through Fri (closed on holidays, Dec 29 to Jan 3)	Internal Medicine / Pediatrics *	19:30-6:00	052-937-7821	052-937-7997
	Saturdays (closed on holidays, Dec 29 to Jan 3)		17:30-6:00		
	Sundays, holidays, Dec 29 to Jan 3		9:30-12:00 13:00-16:30 17:30-6:00		
West Weeknight Emergency Center (Nakagawa Ward Holiday Emergency Clinic)	Mon through Fri (closed on holidays, Dec 29 to Jan 3)	iys, Medicine /	20:30-23:30	052-361-7271	052-351-5112
South Weeknight Emergency Center (Minami Ward Holiday Emergency Clinic)				052-611-0990	052-611-0981
East Weeknight Emergency Center (Moriyama Ward Holiday Emergency Clinic)				052-795-0099	052-794-0099
Chikusa Ward Holiday Emergency Clinic				052-733-1191	052-731-3850
Kita Ward Holiday Emergency Clinic				052-915-5351	052-915-7854
Nishi Ward Holiday Emergency Clinic				052-531-2929	052-532-7525
Nakamura Ward Holiday Emergency Clinic				052-471-8311	052-481-9449
Showa Ward Holiday Emergency Clinic				052-763-3115	052-763-2058
Mizuho Ward Holiday Emergency Clinic				052-832-8001	052-832-8001
Atsuta Ward Holiday Emergency Clinic	Sundays	Internal	9:30-12:00	052-682-7854	052-682-0953
Nakagawa Ward Holiday Emergency Clinic	holidays Dec 29 to Jan 3	Medicine / Pediatrics	13:00-16:30	052-361-7271	052-351-5112
Minato Ward Holiday Emergency Clinic				052-653-7878	052-661-7923
Minami Ward Holiday Emergency Clinic				052-611-0990	052-611-0981
Moriyama Ward Holiday Emergency Clinic				052-795-0099	052-794-0099
Midori Ward Holiday Emergency Clinic				052-892-1133	052-892-8491
Meito Ward Holiday Emergency Clinic				052-774-6631	052-776-7013
Tempaku Ward Holiday Emergency Clinic				052-801-0599	052-801-9791

Examination hours begin 30 minutes later than reception hours.

* Pediatricians are also available in addition to regular physicians during the following reception times.

(Weekdays) 20:30-23:00 (Saturdays) 17:30-23:00 (Sundays, holidays, Dec 29 to Jan 3) 9:30-12:00, 13:00-16:30, 17:30-20:30

Clinics	Open	Services	Hours	TEL	FAX
Nagoya North Dental Health and Medical Care Center	Sundays	holidays Surgery	9:00-11:30	052-915-8844	052-915-8844
Nagoya South Dental Health and Medical Care Center	Dec 30 to Jan 3		13:00-15:30	052-611-8044	052-825-4340
Aichi Dental Health Care Center	Sundays, holidays Aug 13 to Aug 15	Dental Surgery	9:00-12:00	052-962-9102	_
	Dec 29		9:00-11:00		
	Dec 30 to Jan 3		9:00-11:00 13:00-15:00		



Information – Nagoya City

For more information on Nagoya ■City of Nagoya Official Website

Posted in English, Chinese, Korean, Portuguese,

Filipino, Spanish, Vietnamese, Nepali https://www.city.nagoya.jp/ This pamphlet is also available for download online.



Contact by TEL, FAX or E-mail Nagoya Oshiete Dial (Japanese) TEL 052-953-7584 FAX 052-971-4894 E-mail:7584@oshiete-dial.jp Hours: 8:00-21:00 (7 days a week)

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Other useful resource

·Immigration Services Agency of Japan – A Daily Life Support Portal for Foreign Nationals

daily life support Search

ECKPSFV six other languages

·Aichi International Association "Aichi Handbook" E C P S

Search

Aichi Handbook