

Childcare support at Maezu Children's Center (free of charge) (No reservation required)

Name	Target	Opening hours ※	Place & Contact
For infants and their parents	Karada de asobo	Infants who can walk alone and their parents	(Wed.) 10:30AM-11:30AM
	NobiNobi-Hiroba	Infants and their parents	(Fri.) 9:30AM-12:00PM
	Otoasobi	Infants and their parents	(1st & 3rd Tue.)10:30AM-11:10AM
	Music time	Infants and their parents	(4th Tue.) 10:30AM-11:10AM
	Baby massage (Advance reservation required)	Infants aged 3 to 12 months and their parents	(3rd Thu. of every other month) 10:30AM-11:30AM
Piyoko Room	Preschoolers and their parents	8:45AM-5:00PM	Osu 4-chome 15-15 [Phone] 262-6299 [Closed days] Mondays and public holidays (Sundays during summer, winter and spring vacation of public elementary schools) ※For open days, please check the website or Newsletter of Maezu Children's Center
Idou Jidoukan At Masaki Gakku Shukaijo (MAP®)	Infants and their parents	(4th Fri.)10:30AM-11:30AM	

Nursery school & Certified childcare center ※For details about childcare facilities, please contact Naka Ward Office, Public & Child Welfare Division (265-2317)

Name	Address	Phone	Childcare support
Nintei Kodomoen Masaki Yojien	Furuwatari-cho 16-11	331-9327	☆Child-rearing consultation (As needed. Advance reservation required)
Matsubara Yojien (Nintei Kodomoen)	Tachibana 1-chome 21-38	321-5307	
Naka Hoikuen (Area support nursery school)	Oi-cho 2-13	321-1010 321-1022	☆Short-term childcare
Oike Hoikuen (Area support nursery school)	Chiyoda 2-chome 4-25	251-3944 251-3955	☆Short-term childcare
Sakura Panda Hoikuen	Shinsakae 3-chome 33-11	264-4872	☆Admission reservation after maternity & child rearing leave ☆Opening of the schoolyard: (6 times a year, 3rd Thu., 10:00AM-11:00AM). For the detail, refer our website.
Shuzenkai Yakan Hoikuen	Shinsakae 3-chome 33-11	243-5037	
Sakae Hoikuen	Shinsakae-machi 2-4	971-3473	
Sakae Yakan Hoikuen	Shinsakae-machi 2-4	953-3514	
Nazare Hoikuen	Chiyoda 5-chome 15-2	241-6590	☆Asobo-kai: (Jun.-Feb.)(Once a month 10:00AM-11:00AM)(Advance reservation required)
Kawaramachi Hoikuen	Kanayama 1-chome 2-27	323-2650	☆Short-term childcare ☆Opening of the swimming pool (Jul. & Aug.) ☆Child-rearing consultation
Kawaramachi Yakan Hoikuen	Kanayama 1-chome 2-27	323-2650	☆Holiday childcare service (8:00AM-7:00PM) ☆Opening of the swimming pool (Jul. & Aug.) ☆Child-rearing consultation
Akatsuki Sannomaru Hoikuen	Sannomaru 1-chome 7-6	218-7716	☆Opening of the schoolyard (3rd Thu. 10:00AM-11:00AM)
Budo-no-Ki Hoikuen	Oi-cho 1-24, Viuex Tower Nagoya Higashibetuin 1F	331-9500	
E-sky Yojien	Marunouchi 3-chome 8-14	973-0221	
Budou-no-Mi Hoikuen	Chiyoda 3-chome 31-6	322-2002	
Chairekku Higashibetsuin Ekimae Hoikuen	Heiwa 1-chome 1-20	228-8605	
Poppo Daiichi Hoikuen	Kanayama 1-chome 7-10 Kanayama Meito Bldg. 2F	253-8154	
With Book Hoikuen Tsurumai	Chiyoda 4-chome 4-20-2	339-1011	☆Visiting the school (Advance reservation required) ☆Asobo-kai at WB (Several times a year. Advance reservation required) ☆Child-rearing consultation (As needed.)
Popora Nagoya Chikusa En	Shin-sakae 3-chome 20-28 Axios Chikusa, Brancheille Chikusa 4F	249-1080	
With Book Hoikuen Sakae	Sakae 1-chome 21-24	221-6613	☆Opening of the school (Jun.-Dec.)(Once a month)(10:00AM-11:30AM) For the detail, refer our website
Quolis Kids Marunouchi Hoikuen	Marunouchi 1-chome 15-26	211-9506	☆Child-rearing consultation (As needed. Advance reservation required)


Small-scale childcare facilities & Home-based childcare facilities ※ For more information, please contact Naka Ward office, Public & Child Welfare Division. ☎265-2317

Name	Address	Phone	Name	Address	Phone
Hana Hoikushitsu Osukannonmae	Osu 2-chome 26-38	265-5771	Hana Hoikushitsu Shirakawakoenmae	Osu 1-chome 7-14 Park IMF Bldg. 1F	253-6320
Kirikabu Hoikushitsu	Shinsakae 1-chome 40-21	228-0615	Star Kids Higashibetsuin	Oi-cho 7-14 Libran Higashibetsuin 1F.	684-9593
Blea Hoikushitsu Oimatsu	Chiyoda 1-chome 13-12	253-7426	Sumaisu Sereson Hoikushitsu Higashibetsuin	Tachibana 2-chome 3-28	228-6852
			Kumanoko En	Sannomaru 4-chome 1-3, Castle View Nagoya 1F.	951-1711

Kindergarten ※ For more information, please contact each kindergarten directly.

Name	Address	Phone	Childcare support
Osu Yochien	Osu 3-chome 1-53	241-6419	☆Tampopo Kyoshitsu: Twice a month on Fridays (9:45AM-12:00PM). For 2-year-old children and their parents. Advance reservation required. ☆The schoolyard is open for children: 1-2 times a month (10:30AM-12:00PM). No reservation required. ☆Parent-child interaction and child-rearing consultation: Advance reservation required.
Ohigashi Yochien	Tachibana 2-chome 8-75	321-3650	☆Usachan Kyoshitsu: 20 Tuesdays (20times/year). For 2-year-old children and their parents. Not free. ☆The schoolyard is open for children: Once a month (10:00AM-11:30AM). Free of charge. No reservation required.
Nagoya Kyokai Yochien	Marunouchi 3-chome 4-5	962-4955	☆Hoshigumi: For children in the 2-year-old class, Mon., Wed. & Fri. (9:00AM-12:00PM). Not free. ☆Wakuwaku-kai: twice a month (9:00AM-11:00AM), for free.
Nishibetsuin Yochien	Monzenmachi 1-23	321-8055	☆Hiyoko Oyako Kyoshitsu: For 2-year-old children. Every Thursday (9:00AM-11:00AM). Advanced reservation required by 1:00PM, two days prior. Fee:100yen ☆The schoolyard is open for children once a month on Mondays (10:00AM-11:00AM). No reservation required. Free of charge.
Matsumoto Yochien	Chiyoda 2-chome 6-19	241-0149	☆Oyako de Asobou, Omocha room: Every Tuesday, Wednesday & Thursday (10:30AM-2:30PM). For preschool children. Free of charge. ☆The schoolyard is open for children: 1-2 times a month (10:30AM-11:30AM). Advance reservation required. Free of charge.

Childcare support at Naka Health Center

Name	Contents	Target	Date and Time	Contact information
Nijiirō Salon	· Multicultural exchange · Child-rearing class (Interpreters are available)	Expectant mother. Preschool children and their guardians (Any nationality)	4 times a year 1:30PM-3:00PM	Child-rearing General Consultation counter ☎269-7155 (Advance reservation required) 
Okuchisodate Kyoshitsu	· A session on how to feed your baby and their proper posture.	Children aged 3-6 months and their guardians	6 times a year 10:00AM-11:00AM	
MoguMogu Kyoshitsu	· A session on baby food and oral development	Children aged 7-8 months and their guardians	12 times a year 10:00AM-11:20AM	
Hajimete no Hamigaki Kyoshitsu (First time brushing teeth class)	· A session on preventing tooth decay · Practice brushing your child teeth	Children aged 10 months - 1 year and 2 months and their guardians	6 times a year 10:00AM-11:15AM	
Wampaku Kyoshitsu	· A session on how to deal with the terrible twos	Children aged 1 year 6 months - 2 years 6 months and their guardians	3 times a year 10:00AM-11:30AM	
Yojishoku Kyoshitsu (Infant meal class)	· A session on early childhood meals	Children aged 1 year 6 months - 3 years and their guardians	Twice a year 10:00AM-11:30AM	
Mushiba Yobo Kyoshitsu (Cavity prevention class)	· Dental checkup · Fluoride application · Dental and nutrition consultation	Preschool children and their guardians	Once or twice a month (Thursday) 9:30AM-10:15AM	

Emergency Guide

Name	Contact Number	Contents
Kodomo Anshin Denwa Sodan (Emergency phone consultation for children)	☎933-1174	A nurse will provide advice on appropriate actions in case of sudden illness or accidents at night. Mon.- Fri.: 8:00PM-12:00AM Sat., Sun. & Public holidays: 6:00PM-12:00AM
Pediatric Emergency Care Phone consultation	☎#8000 (☎962-9900)	You can receive advice from a nurse in case of sudden illness. Everyday: 7:00PM-8:00AM
Aichi Emergency Medical Care Guide (Aichi Emergency medical Information Center)	☎263-1133	You can search for medical institutions that are open late at night or on holidays. http://www.qq.pref.aichi.jp/
Nagoya City Medical Association Emergency Medical Center	Higashi-ku Aoi 1-chome 4-38 ☎937-7821	Internal Medicine · Pediatrics · Sat. (Excluding public holidays): 5:30PM-6:00AM · Mon.-Fri. (Excluding public holidays): 7:30PM- 6:00AM · Sun., public holidays & Dec.30-Jan.3: 9:30AM-12:00PM, 1:00PM-4:30PM, 5:30PM-6:00AM

Child-rearing consultation

Name	Contact Number	Contents
Child-rearing General Consultation Counter (Naka Health Center)	☎269-7155 (Consultation Dial)	Childcare consultation by a public health nurse. · Telephone consultation : Mon.-Fri. (Excluding public holidays) 8:45AM-5:15PM · Face to face consultation: Mon.-Fri. (Excluding public holidays) 9:00AM-4:30PM
Ikuji Moshimoshi Catch (Aichi Pediatric Health and Medical Center)	☎0562-43-0555	A special hotline for childcare consultations outside regular hours. Tue.-Thu. (Excluding public holidays): 5:00PM-9:00PM
Mama Papa Line Aichi (NPO Corporation, Nagoya Oyako Center)	☎228-7287	Telephone consultation on worries and concerns about raising children. Mon.&Wed. (Excluding public holidays): 10:00AM-4:00PM
CAPNA Hotline	☎0120-37-8730	Consultations for those who are pregnant or have given birth but are unable to raise their children or who have concerns about child abuse. Mon.Thu.Sat. 1:00PM-4:00PM Tue.Fri. 6:00PM-9:00PM (Excluding public holidays & new year holidays)
Kodomo Katei Shien Center (Child and family support Center) "Sakura"	☎821-7867	Consultations about concerns on child-rearing, growth and development of children. Mon.- Fri. (Excluding public holidays): 9:00AM-5:00PM
Nagoya city Chuo Child Guidance Center	☎757-6111	Consultations about child-rearing, development and juvenile delinquency. Mon.- Fri. (Excluding public holidays): 8:45AM-5:15PM
Nagoyakko SOS	☎761-4152	Consultations on anxieties about raising children and child abuse. (24 hours a day, 365 days a year)
758Kids Station	☎262-2372	A "childcare concierge" will support you with your concerns about child-rearing. Everyday (Excluding public holidays): 10:30AM-5:30PM

Childcare services & household chores and childcare assistance

Name	Contents	Contact information
Ichiji Hoiku Jigyo (Short-term Childcare Service) For children aged 57 days to preschool age (Varies by facility.)	Short-term childcare is available at daycare centers in the city when parents are working, giving birth, or taking a break.	Naka Ward Office Public & Child Welfare Division ☎265-2317
Byoji Byogoji Daycare Jigyo (Daycare service for sick and recovering children) (For children aged 6 months to 6th grade of elementary school in principle)	If your child is sick or recovering from an illness and cannot be cared for at home, daycare services are available at designated facilities within the city, when a doctor certifies that the service is necessary.	Child & Youth Affairs Bureau Nursery Planning Division ☎972-2524
24-jikan Kinkyu Ichiji Hoiku Jigyo (24-hour emergency temporary childcare service) (For children aged 6 months to preschool age)	If childcare becomes urgently and temporarily difficult, childcare services are available at two daycare centers in the city. Each service session is limited to up to 24 hours; however, it may generally be used continuously for up to 48 hours. Usage is limited to three times per month.	
Tanki Nyusho Seikatsu Enjo Jigyo (Short-term residential care service) (For children under the age of 18)	When parents are temporarily unable to care for their children at home due to social circumstances such as illness or childbirth, childcare services are available at an infant home, a child welfare facility, or a foster home (for up to one week).	Naka ward Office Public & Child Welfare Division ☎265-2332
Sanzen Sango Help Jigyo (Prenatal and postnatal support services) (For pregnant individuals and those with infants up to 1 year old)	A helper will visit your home to assist with household chores and childcare. This service is for those who have difficulty performing these tasks due to poor health conditions before or after childbirth and also for those who have no one to help them.	
Nobinobi Kosodate Support Jigyo (Nobinobi Child-rearing Support Service) (For children aged 57 days to 6th grade of elementary school)	Individuals who are willing to assist with child-rearing are matched with those who need support. Members provide temporary assistance, such as caring for children or helping with pick-up and drop-off.	Child & Youth Affairs Bureau Child Raising Support Division ☎962-5102